

K-5 CURRICULUM

Grade Level	PWC Objective	Virginia Standards	ASCA Standards
Pre-K Kindergarten	KA.1: Understand responsibilities of being a student worker in school.	EA1, EA2	A:A1.2, A:A1.4
	KC.1/KP.1: Identify areas of interest and one's unique abilities.	EC1	C:A1.3, PS:A1.1, PS:A1.10
	KC.2: Demonstrate awareness of careers in the community.	EC1	
	KP.2: Identify and appropriately express various feelings.	EP1	PS:A1.5
	KP.3: Distinguish between appropriate and inappropriate behavior in school.	EP4, EP5	PS:A1.6
	KP.4: Use appropriate communication skills to ask for help when needed. KP.5: Demonstrate awareness of empathy and bully prevention skills and strategies.	EA6	A:A2.3
First Grade	1A.1: Demonstrate positive work habits by paying attention, following directions and completing tasks.	EA2	A:A2.1, A:B1.3
	1A.2: Understand the importance of goal setting	EA4	A:A1.4
	1A.3: Understand that mistakes are essential to the learning process.	EP7	C:A1.7
	1C.1: Demonstrate an understanding of roles and contributions of workers in school, home, and community.	EC1	
	1C.2: Identify personal skills, abilities, and interests in the areas of academic, career, and personal/social development.	EC2, EC3	C:B1.1, C:B1.2, A:A1.1
	1P.1: Describe how to express feelings in constructive ways (i.e. "I statements, "Bug and a wish").	EP2	PS:A1.5, PS:A2.6

First Grade Continued	1P.2: Demonstrate an awareness of the importance of personal safety (i.e. Know telephone number, home address, emergency contact information, Stranger Danger and Safety Plan).	EP5	PS:C1.1, PS:C1.2
	1P.3: Identify situations requiring adult professional help (tattling vs. reporting).	EP6	PS:C1.5
	1P.4: Demonstrate awareness of empathy and bully prevention skills.	EA6	A:A2.3
Second Grade	2A.1: Demonstrate goal-setting steps.	EC6	PS:A1.3, C:A1.6
	2A.2: Recognize the relationship between goal setting and accomplishing quality work.	EA8, EC4	C:C2.1
	2A.3: Achieve academic success by working independently.	EA7	A:B1.7
	2A.4: Identify test-taking skills to be utilized	EA9	A:B1.3, A:A2.1, C:A2.9
	2C.1: Learn about the variety of traditional and non-traditional occupations in a changing work place.	EC1	C:A1.2
	2C.2: Identify resource people in the school and community and know how to seek their help.	EP6	A:A2.3
	2P.1: Identify forms of communication (e.g., listening, speaking, body language, etc.)	EP2	PS:A2.7
	2P.2: Demonstrate awareness of our diverse differences.	EP3	PS:A2.3, PS:A2.4, PS:B1.7
	2P.3: Understand how to make and keep friends.	EP2	PS:A2.8
	2P.4: Recognize how personal behavior affects group dynamics and show how to work cooperatively.	EP4, EA8	PS:A2.1, PS-A2.2, A:A3.3
	2P.5: Recognize peer pressure and bullying situations.	EP2, EP6	PS:B1.8
	2P.6: Recognize different coping strategies to deal with situations.	DM8	PS:B1.4

Third Grade	3A.1: Set realistic short-term goals.	EP7, EC6	PS:B1.9
	3A.2: Describe the relationship between learning/achievement and individual effort (work ethic).	EA2, EA3 EA5, EC3	A:A1.5, A:A2.2, A:B2.6 A:A1.2, A:A1.3, A:A3.2, A:A3.4, C:A2.8, PS:B1.11
	3A.3: Identify study skills to be utilized.	EA9	A:A2.1, C:A2.9, A:B1.3
	3A.4: Identify and utilize organizational skills.	EA9	A:A2.1, C:A2.9, A:B1.3
	3A.5: Identify and utilize test-taking skills.	EA9	A:A2.1, C:A2.9, A:B1.3
	3A.6: Work cooperatively in small and large groups towards a common goal.	EA8	A:A3.2
	3C.1 Identify attitudes and behaviors which lead to successful learning and productivity.	EA5	A:A1.5, C:A2.7
	3C.2: Recognize that skills, abilities, and interests are considerations in the choice of careers.	EC1	C:C1.3, C:C2.1
	3C.3: Understand that jobs with similar characteristics may be grouped as job families or career clusters.	EC1	C:B1.4
	3P.1: Identify different modes of interpersonal communication (written, verbal and non-verbal).	EP2	PS:A2.7
	3P.2: Demonstrate how to positively communicate thoughts, feelings, and needs to others in a variety of situations.	EP2, EP4	PS:A2.6, PS:A1.5
	3P.3: Describe the importance of accepting responsibility for individual behavior and its affects on others.	EP1	A:A3.1
	3P.4: Demonstrate self-control.	EP5	PS:A1.8
	3P.5: Demonstrate how to	EP2, EP4	PS:A2.6, PS:C1.10

**Third Grade
Continued**

	communicate positively in conflict and bullying situations.		
	3P.6: Explain the skills needed to function effectively in groups.	EA8	C:A1.4
	3P.7: Identify the decision-making process.	EC5	C:A1.5
	3P.8: Identify and demonstrate respectful behavior characteristics toward students in a diverse population. .	EP3	PS-A2.4

Fourth Grade	4A.1: Identify and describe how decision-making, problem-solving, and coping skills support or interfere with academic achievement.	EA10, EA11, EP9	A:B2.5, PS:B1.1
	4A.2: Identify effective test-taking skills to utilize.	EA9, EA12, EA13	A:B1.3
	4A.3: Demonstrate time management and organizational skills.	EA11	C:A2.9
	4A.4: Understand how personal learning styles can impact school achievement.	EA10	A:B1.6, A:A2.4
	4C.1: Identify hobbies and interests.	EC9	C:A1.3
	4C.2: Relate each step of the decision-making/problem-solving process to career development (awareness, exploration, and preparation).	EC10, EP9	C:B1.1
	4C.3 Explain the importance of lifelong learning	EC8	A:C1.4, AC1.3
	4P.1: Demonstrate methods of appropriately feelings and handling conflict in a peaceful and safe way .	EP12	PS:A1.5
	4P.2: Identify factors that influence personal decisions.	EP9	PS:B1.8
	4P.3: Demonstrate the decision-making process by generating alternative solutions to problems and	EP9, EC5	PS:B1.3, PS:B1.2, PS:B1.1

	considering/evaluating consequences.		
	4P.4: Recognize that group members may have differing opinions.	EA8	PS:A2.2
	4P.5: Demonstrate different coping strategies for various situations and life changes.	EP11, EP12	PS:B1.4, PS:C1.11
Fourth Grade Continued	4P.6: Identify factors that impact personal safety, self-reliance and well-being (i.e. substance abuse, bullying, etc.).	EP10	PS:C1.1, PS:C1.2
Fifth Grade	5A.1: Set realistic long-term goals.	EC6, EP7	PS:B1.12
	5A.2: Apply personal learning style.	EA10	A:B1.6, A:A2.4
	5A.3: Recognize the benefits of individual initiative and teamwork.	EC7	A:A2.2
	5C.1: Compile a list of personal abilities.	EA10	PS:A1.10
	5C.2: Describe how personal strengths in school work affect future goals and career options.	EA3, EA10, EC10	A:C1.6
	5C.3: Understand that the changing workplace requires lifelong learning and acquiring new skills.	EC8	C:C1.4
	5C.4: Acquire employability skills such as teamwork, problem-solving, and organization.	EA3	C:B2.1, C:A2.1
	5C.5: Identify career choices through various means of exploration.	EC10	C:B1.5
	5C.6: Describe changes as inevitable and necessary to adapt to new situations, (e.g., transition to middle school).	EP8	PS:C1:11
Fifth Grade Continued	5P.1: Describe how verbal and non-verbal behavior influence interpersonal relationships.	EP11, EP12	PS:A2.7

	5P.2: Demonstrate how to communicate with others.	EP11, EP12	PS:A2.6
	5P.3: Demonstrate appreciation and respect for similarities and differences..	EP12	PS:A2.3
	5P.4: Describe strategies for getting along with others.	EP12	
	5P.5: Demonstrate how to disagree with others without provoking them.	EP12	PS:A2.2
	5P.6: Demonstrate appropriate responses to ease conflict and bullying situations.	EP12	PS:B1.6
	5P.7: Demonstrate effective responses to peer pressure .	EP11	PS:C1.10, PS:B1.8
	5P.8: Identify and analyze group dynamics in a variety of situations.	EA8	