

FAMILY LIFE EDUCATION (FLE) OBJECTIVES
Grade 7 Exploring Family and Consumer Science

Curriculum Strand	Objective Number	Objective and Description
Family Living and Community Relationships	FLE SOL 7.1	<i>The student will identify his or her role and relationships within the family.</i> Content includes identification of personal interactions; communication skills; ways of meeting emotional, physical, and intellectual needs; and the student’s contribution to the family unit. Students learn the positive benefits of personal sacrifice to support family goals and needs when such a decision is indicated.
	Health 7.8.5 / FLE SOL 7.1	<i>The student will understand how difficult family situations affect individual family members.</i> Students will define family relationships as the connections family members have to one another. Students will identify difficult family situations including abusive behavior, financial problems, divorce or separation, illness, injury or death, loss of job, a family move, remarriage, or birth of a baby. Students will explore how these situations affect family members and ways to adjust to the resulting changes in the family.
	FLE 7.4	<i>The student will discuss steps one can take to address a given family problem to help him or her and/or other adolescent friends.</i> Students will analyze case studies to identify common problems found in a family in which an adolescent is present.
Human Sexuality/Growth and Development	FLE SOL 7.3	<i>The student will realize that affection has many dimensions and can be an expression of friendship, of celebration, of a loving family, or in marriage as sexual relations.</i> Students learn that appropriate expressions of affection (compliments, smiles, hugs, and handshakes, good manners, and showing respect) are essential for emotional, physical, and psychological health.
	FLE 7.15	<i>The student will discuss behavior and growth patterns characteristics in children of given ages.</i> The physical characteristics and emotional and social behavior of newborn children to children of age six are discussed.
	FLE SOL 6.11 and FLE SOL 7.5	<i>The student will identify messages in society related to sexuality.</i> Students continue to examine messages from mass media related to sexuality and gender stereotyping. The avoidance of sexual exploitation and stereotyping is stressed. The teacher guides students in discovering and analyzing messages about sexuality found in advertising media, music and videos, television, films, printed materials, and graffiti. Messages conveyed by adults are also addressed. Students learn to recognize gender stereotyping and sexual exploitation. They are encouraged to evaluate and counteract any negative effects identified.
Human Reproduction and Contraception	FLE SOL 7.8	<i>The student will describe the signs and symptoms of pregnancy.</i> Instruction involves physical and psychological changes and the need for early detection of pregnancy through medical testing to ensure a healthy and successful pregnancy. Community resources for testing and/or further information are identified.
Development of Positive Self-Concept and Respect for Others	FLE SOL 7.13	<i>The student will realize the role of peers and the peer group during adolescence, and the nature and purpose of group activities.</i> Discussion focuses on the qualities of friendship, the importance of participating in peer groups that encourage the development of positive personal traits, and the nature of dating. Group dating is presented as a positive first step in developing romantic relationships, demonstrating appropriate dating behavior, and fulfilling dating responsibilities.
	FLE 7.24	<i>The student will identify internal and external forces that influence one’s self-esteem.</i> Traits of healthy self-esteem and those that contribute to low self-esteem are identified. Factors affecting self-esteem such as physical or emotional disabilities and stress are also discussed.

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Development of Positive Self-Concept and Respect for Others <i>(continued)</i>	FLE 7.26	<i>The student will select and practice the correct social manner for a given situation.</i> Social manners in the home, in the homes of others, and in public places such as movies, school and community are discussed.
	Health 7.8.6 / FLE SOL 7.12	<i>The student will understand the importance of developing meaningful relationships.</i> Students identify characteristics of friendship by relating these characteristics to changes that occur as one advances through the growth and development process.
Parenting Skills	FLE 7.27	<i>The student will identify safety hazards associated with child care when one is alone and discuss proper measures to handle given emergencies.</i> Safety hazards associated with baby-sitting are discussed and situations are role played.
	FLE 7.28	<i>The student will discuss and/or demonstrate specific jobs necessary to properly care for young children.</i> Students identify the responsibilities of baby-sitting, including appropriate procedures for feeding, diapering, bathing, and putting to bed a young child.
	FLE 7.29	<i>The student will identify and define creative learning experiences for children and nutritious foods a child might enjoy.</i> Characteristics of a good toy and a good book for young children are discussed. Nutrition for young children is also discussed.
Child Abuse	FLE 7.33	<i>The student will identify types of child neglect and abuse and explain actions one can take to help prevent or stop it.</i> Students will define types of abuse and explain the need to report such situations to a trusted adult such as a parent, teacher, minister, grandparent, or guardian. The teacher helps students identify resources for the reporting and treatment of child neglect and abuse and family violence.
	7.34 / FLE SOL 7.10	<i>The student will explain techniques for preventing and reporting sexual assault and molestation.</i> Methods of handling assault and molestation, as well as prevention methods, are presented. Emphasis is placed on the importance of avoiding places that could provide opportunities for molestation when no appropriate supervision is available, including the homes and cars of acquaintances. Approaches used by molesters are identified and explained. Community resources for victims of molestation and assault are identified.