STUDENTS

Physical Examination

The Virginia Code relative to health provisions governing the admittance of children to a public school reads as follows:

I. Physical Examinations for Students

A. In compliance with the Virginia Code, physical examinations administered by a licensed physician, licensed nurse practitioner, or licensed physician assistant shall be required of all preschool through grade five students entering school for the first time and as part of the requirement for participation in senior high and middle school athletic programs. No student shall be admitted for the first time to any preschool, public kindergarten, or elementary school in a school division unless the student shall furnish, prior to admission:

1. A report from a healthcare provider licensed to practice in the United States, a comprehensive physical examination of a scope prescribed by the State Health Commissioner performed within the 12 months prior to the date that the student first enters such preschool, public kindergarten, or elementary school; or

2. Records establishing that the student furnished a report upon prior admission to another school or school division and providing the information contained in the report.

B. If the student is a homeless child or youth as defined in Regulation 718-1, “Students Experiencing Homelessness,” and has no documentation of a physical examination, then that child shall be immediately referred to the school nurse who shall assist in obtaining the necessary physical examination by the county or city health department, clinic, or physician’s office. The school staff shall allow the child to enroll in school.

C. A foster child, as defined in Regulation 714-1, “Registration of Students in Foster Care,” may be enrolled for up to 30 calendar days before providing a report of physical examination if the person enrolling the student provides a written statement that, to the best of his or her knowledge, the student is in good health and free from communicable or contagious disease.
D. The physician, licensed nurse practitioner, or licensed physician assistant acting under the supervision of a licensed physician making a report of a comprehensive physical examination required by this section shall, at the end of such report, summarize the abnormal physical findings, if any, and shall specifically state what, if any, conditions are found that would identify the child as disabled.

E. The physical examination report shall be placed in the child’s health record at the school and shall be made available for review by any employee or official of the State Department of Health, or any local health department at the request of such employee or official.

F. A physical examination shall not be required of any child whose parent shall object on religious grounds and who shows no visual evidence of sickness, provided that the parent shall state in writing and have it notarized that, to the best of his/her knowledge, the child is in good health and free from any communicable or contagious diseases.

G. The health departments of all of the counties and cities of the Commonwealth shall conduct physical examinations for medically indigent children without charge upon request and may provide examinations to others on a uniform basis as the departments may establish.

H. Parents/guardians of entering students shall complete the Commonwealth of Virginia School Entrance Health Form (available in the school office or counseling department). Physical examination forms shall be returnable at registration. Upon failure of the parent or guardian to complete a form at the time of registration, the student shall be excluded from school until a completed physical document is provided to the school. See Attachment I, Physical Assessment of School Children, for items that may be needed.

II. Based upon the Virginia Code, the following procedures shall be used:

A. Transfer students (grades kindergarten through fifth) from within or outside of Virginia must also furnish either a new physical examination or a copy of the physical examination from their previous school. The comprehensive physical exam must have been completed within 12 months prior to their initial entry into school. Physical examinations administered outside of Virginia are acceptable if they meet the Virginia State requirements.
Example: If a student is a fifth grader and the physical examination was completed two months prior to kindergarten entry, it is acceptable.

B. The burden of responsibility for obtaining these records is on the parents/guardians.

The Associate Superintendent for Student Learning and Accountability (or designee) is responsible for implementing and monitoring this regulation.

This regulation and related policy shall be reviewed at least every five years and revised as needed.
Prince William County Public Schools
School Health Services

PHYSICAL ASSESSMENT OF SCHOOL CHILDREN
NOTICE SENT BY SCHOOL TO PARENT/GUARDIAN

Date: ______________________

Name of Student ________________________________ Sex: M _____ F _______

School _________________________________________ Grade ________________

Parent/Guardian _______________________________________________________

Address ______________________________________________________________

Family Doctor ____________________________________ Phone _______________

You are advised to consult your child’s ☐ doctor, ☐ eye doctor, ☐ dentist.

Our school inspection indicates that special attention may be needed for the items indicated below:

☐ Weight       ☐ Throat
☐ Teeth        ☐ Speech
☐ Vision       ☐ Posture
☐ Hearing      ☐ Skin
☐ Other: ____________

☐ DTaP/DTP/Tdap/Td ☐ Polio
☐ MMR       ☐ Varicella
☐ Hep B 1 2 3
☐ TB skin test (PPD)

Receiving the physical examination and/or the next dose of vaccine will ensure that your child is in compliance with the state law.

Once an examination is completed, please have the health examiner insert his/her findings and recommendations on the reverse side of this form and return it to the school. We appreciate your cooperation with our School Health Program.

School Nurse/Designee: ________________________________

Please note: Failure to complete the required physical examination or immunizations by ______ shall result in exclusion from school.

Date
Prince William County Public Schools
SCHOOL HEALTH SERVICES

TO: HEALTH CARE PROVIDER        Completed form will be given to parent
                                                   for return to school nurse.

*Findings and Recommendations (please explain):  

DEFECT(S) Corrected_________________ Being treated_________________

Signed: ________________________ Professional Degree:_____________
        (Provider’s Signature)

Date: ____________________________________

*Noted corrections and recommendations will be filed in Student’s Cumulative Health Record.