

National Physical Education and Sport Week

National Physical Education and Sport Week is May 1-7 and kicks off National Physical Fitness and Sports Month. PWCS Health and Physical Education (HPE) educators promote student learning in motor skill development, anatomical basis of movement, fitness planning, social development, and energy balance by engaging students in a variety of activities. Thank you to all our Health and PE teachers for teaching the value and importance of physical education and promoting physical activity in the lives of students and adults. [Please see](#) additional program highlights!

Pattie Elementary School working on cooperative volleying skills:



Tyler Elementary School: Skeletal System Lesson



Ashland Elementary School: Bike Rodeo



Gar-Field High School Cooperative Activity



Bull Run Middle School: Ping Pong Activities

