



Artwork by Elizabeth Kim
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Bull Run Middle School

BREAKFAST

ELEMENTARY & K-8 SCHOOL BREAKFAST MENU

ENTREES OFFERED DAILY

Cereal (vg)
with Cheese Stick (v) or
with Nutri-Grain Bar (v)

Muffin (v)
with Cheese Stick (v) or
with Nutri-Grain Bar (v)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey Ham & Cheese Croissant	French Toast Sticks (v)	Cinammon Waffle (v)	Chicken Biscuit	Mini Pancakes (v)
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Milk	Milk	Milk	Milk	Milk

There are **no pork products or byproducts** on this menu.

Breakfast includes **one entrée, fruit, 100% fruit juice**, and
a choice of **low-fat** or **fat-free** milk.



Students must choose **at least 1/2 cup** of fruit.

(v) Vegetarian Entrées

*May contain animal-derived rennet

(vg) Vegan Entrées

Menu subject to change based on product availability.



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