

Prince William County Public Schools
2026-27 PreK School Menu (BIC Schools)
AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		26	27	28
		Breakfast • Turkey & Cheese Croissant • Fresh Banana • Low Fat Milk Lunch • Pizza Sticks w/ Dipping Sauce • Baby Carrots • Chilled Mandarin Oranges • Low Fat Milk	Breakfast • Cereal w/ Nutri-Grain Bar • Strawberry Craisins • Low Fat Milk Lunch • Beef Nachos w/ Queso • Pepper Strips • Chilled Pears & Blueberries • Low Fat Milk	Breakfast • Muffin w/ Cheese Stick • Apple Slices • Low Fat Milk Lunch • Spaghetti & Meat Sauce w/ Garlic Bread • Tossed Salad • Fresh Grape Clusters • Low Fat Milk

SEPTEMBER

31	1	2	3	4
Breakfast • Cereal w/ Cheese Stick • Apple Slices • Low Fat Milk Lunch • Grilled Cheese Sandwich • Curly Fries • Dill Pickle Chips • Orange Wedges • Low Fat Milk	Breakfast • Mini Pancakes • Watermelon Craisins • Low Fat Milk Lunch • Morningstar Chik'n Nuggets w/ Dinner Roll • Mashed Potatoes w/ Gravy • Fresh Nectarine • Low Fat Milk	Breakfast • Cereal w/ Cheese Stick • Fresh Banana • Low Fat Milk Lunch • Yogurt w/ Granola • Baby Carrots • Chilled Peaches • Low Fat Milk	Breakfast • French Toast Sticks • Strawberry Craisins • Low Fat Milk Lunch • Pupusa • Baked Plantains • Pico de Gallo • Chilled Mandarin Oranges • Low Fat Milk	NO SCHOOL <i>Labor Day Holiday</i>
7	8	9	10	11
NO SCHOOL <i>Labor Day Holiday</i>	Breakfast • Cereal w/ Nutri-Grain Bar • Watermelon Craisins • Low Fat Milk Lunch • Popcorn Chicken w/ Garlic Knot • Sugar Snap Peas • Chilled Pears & Blueberries • Low Fat Milk	Breakfast • Turkey & Cheese Croissant • Fresh Banana • Low Fat Milk Lunch • Sunwise Sandwich w/ Hummus and Crackers • Cauliflower Florets • Fresh Watermelon • Low Fat Milk	Breakfast • Cereal w/ Nutri-Grain Bar • Strawberry Craisins • Low Fat Milk Lunch • Cheese Quesadilla • Cilantro Lime Rice • Pico De Gallo • Frozen Fruit Cup • Low Fat Milk	Breakfast • Muffin w/ Cheese Stick • Apple Slices • Low Fat Milk Lunch • Cheese Pizza • Parmesan Broccolini • Fresh Grape Clusters • Low Fat Milk

All PreK meals are free from peanuts, tree nuts, and pork.

Prince William County Public Schools
2026-27 PreK School Menu (BIC Schools)
SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14	15	16	17	18
Breakfast • Cereal w/ Cheese Stick • Apple Slices • Low Fat Milk Lunch • Morningstar Chik'n Nuggets w/ Hushpuppies • Broccoli Florets • Chilled Peaches • Low Fat Milk	Breakfast • Mini Pancakes • Watermelon Craisins • Low Fat Milk Lunch • Popcorn Chicken w/ Dinner Roll • House Salad • Chilled Mandarin Oranges • Low Fat Milk	Breakfast • Cereal w/ Cheese Stick • Fresh Banana • Low Fat Milk Lunch • French Toast Sticks w/ Egg Bites • Sliced Cucumbers • Chilled Tropical Fruit Salad • Low Fat Milk	Breakfast • French Toast Sticks • Strawberry Craisins • Low Fat Milk Lunch • Beef & Bean Burrito • Corn Salad • Chilled Pears & Red Grapes • Low Fat Milk	Breakfast • Cereal w/ Cheese Stick • Apple Slices • Low Fat Milk Lunch • Yogurt w/ Granola • Celery Sticks • Chilled Mixed Fruit • Low Fat Milk
21	22	23	24	25
NO SCHOOL <i>Yom Kippur</i>	Breakfast • Cereal w/ Nutri-Grain Bar • Watermelon Craisins • Low Fat Milk Lunch • Popcorn Chicken w/ Garlic Knot • Broccoli Florets • Chilled Peaches • Low Fat Milk	Breakfast • Turkey & Cheese Croissant • Fresh Banana • Low Fat Milk Lunch • Pizza Sticks w/ Dipping Sauce • Baby Carrots • Chilled Mandarin Oranges • Low Fat Milk	Breakfast • Cereal w/ Nutri-Grain Bar • Strawberry Craisins • Low Fat Milk Lunch • Beef Nachos w/ Queso • Pepper Strips • Chilled Pears & Blueberries • Low Fat Milk	Breakfast • Muffin w/ Cheese Stick • Apple Slices • Low Fat Milk Lunch • Spaghetti & Meat Sauce w/ Garlic Bread • Tossed Salad • Fresh Grape Clusters • Low Fat Milk
28	29	30		
Breakfast • Cereal w/ Cheese Stick • Apple Slices • Low Fat Milk Lunch • Grilled Cheese Sandwich • Curly Fries • Dill Pickle Chips • Orange Wedges • Low Fat Milk	Breakfast • Mini Pancakes • Watermelon Craisins • Low Fat Milk Lunch • Morningstar Chik'n Nuggets w/ Dinner Roll • Mashed Potatoes w/ Gravy • Fresh Watermelon • Low Fat Milk	Breakfast • Cereal w/ Cheese Stick • Fresh Banana • Low Fat Milk Lunch • Yogurt w/ Granola • Baby Carrots • Pear Wedges • Low Fat Milk		

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