

SCHOOL HEALTH ADVISORY BOARD (SHAB)

September 20, 2024, 9-11 a.m.

Edward L. Kelly Leadership Center, Room 2002-2004

MEETING MINUTES

Present: Meklit Asfaw, Ashley Ausborn, Lori Beach, Anthony Clark, Dr. Vanessa Gattis, Mavia Hardiman, Tate Jordan, Kelly Kaczmarczyk, Bishop Leonard Lacey, Dr. Miriam Saad Lender, Heather Martinsen, Connie Meade, Brenda Miller-Dorick, Cindi Sutton, Erica Tredinnick, Justin Wilk, Linda Woods, Kristie Young, Monica Zoubeck.

Call to order: 9:10 a.m.

- Introduction: SHAB members were introduced, and new members were welcomed by Brenda Miller-Dorick, supervisor of Student Health Services (SHS)
- Voted to approve meeting minutes from April 19, 2024: All members approved the meeting minutes

New Business:

- Ice Breaker:
 - Share one fun thing you did this summer

New discussion

- Reached out to our legal department and they are creating a by-laws template for all PWCS Advisory Committees and once the template is approved by the School Board the template will be implemented
- We will email minutes for review prior to our next meeting and request approval of minutes during the January 17, 2025 SHAB meeting
- Immunization and Physical Update
- Telehealth: Hazel Health Services
- Homebound Update
- Supporting Mental Health in PWCS

Update on immunization and physicals status: Cindi Sutton, SHS Admin Coordinator

- During the Spring we partnered with Mason and Partner (MAP) Clinic and Prince William Health District (PWHHD) and provided 26 mobile vaccine clinics from March 12- June 4, 2024
 - 13 High Schools
 - 12 Middle Schools
 - 1 KLC
 - Vaccinated 1,876 students

- During the Summer Immunization Campaign, we accomplished the following:
 - Global Welcome Center: Provided nursing support one day/week
 - Nursing support: Immunization Non-compliance
 - Three nurses: 20 hours per week (June 17th – Aug 7th)
 - Two retired Nurses: 12 full days
 - Reviewed immunization Non-compliance for each non-compliant student in PWCS
 - Verified non-compliance in VIIS
 - Contacted parents (phone calls, text messages, emails)
 - Provided health resources
 - Communications:
 - Weekly emails/text messages to parents
 - School physicals & immunizations, 7th & 12th grade immunization non-compliance
 - Flyers & yard signs
 - Admin Instant, Communicator, PWCS website
 - Training and Collaboration
 - Registrar training
 - Global Welcome Center
 - McKinney Vento
 - Sentara Community Care Clinic
 - Prince William Health District
 - Mason & Partners Clinic
 - Inova Cares Clinics
 - Catholic Charities
 - Prince William County Libraries
 - Prince William Parks & Recreation
 - Prince William County Community Foundation
- Summer Clinics
 - Mason and Partners Clinic
 - One Clinic: Target Global Welcome Center families
 - Provided free physicals, immunizations & TB testing
 - Prince William Health District
 - 10 vaccination clinics: Targeted 7th & 12th graders
 - Sentara Community Care Clinic: Mobile Van
 - Two clinics
 - Offered free physicals, immunizations & TB testing
 - American Family Urgent Care
 - Free school physicals for uninsured
 - Sponsored by Prince William County Community Foundation.
- Immunization Costs:
 - Nursing hours invested over the summer: 560 hours
 - Total cost since March 2024: \$ 39, 232.71
 - Nursing Salaries
 - Food/Water
 - Flyers
 - Yard Signs
 - 2,583 students were vaccinated & 117 school physicals provided from March – August

- 2024-25 SY Immunization Non-Compliant for Students:
 - All Required Non-Compliance data for SY 2024-25:
 - Elementary Schools
 - 7/8/24 – 2,139 students
 - 8/19/24 – 349 students
 - 9/17/24 – 144 students
 - Middle Schools
 - 7/8/24 – 2,195 students
 - 8/19/24 – 320 students
 - 9/17/24 – 69 students
 - High Schools
 - 7/8/24 – 2,930 students
 - 8/19/24 – 535 students
 - 9/17/24 – 110 students
 - Total number of non-compliant students
 - 7/8/24 – 7,264 students
 - 8/19/24 – 1,204 students
 - 9/17/24 – 323 students

- 2024-25 SY Non-Compliant School Physicals Updates:
 - Elementary Schools
 - 7/8/24 – 1,945 students
 - 8/19/24 – 2894 students
 - 9/9/24 – 29 students

- Team Efforts Plans for Fall of 2024:
 - Continue to monitor Immunization Non-compliance monthly
 - CTL provide support to nurses, parent liaisons
 - Continuous Improvement Plan
 - Focus on 7 High Schools
 - Debrief with PWHD, Sentara and MAP
 - Plan for spring
 - What worked well, what didn't work well
 - Fall clinic with MAP and PWHD to offer vaccines to all non-compliant students
 - Start MS & HS clinics in January
 - Increase school communication to educate parents on immunization requirements "don't wait to vaccinate!"
 - Professional development for nurses on immunization guidelines (CDC/VDH)
 - Collaborate with Physicians in PWCS
 - Identify barriers as to why parents didn't take advantage of free clinics

Hazel Health Telehealth Services for PWC Students: Anthony Clark, Supervisor School Social Workers
[This service is going to be promoted via Communications, SLAB, Admin Instant, ParentVue (Under Edit Information and then click Opt-In), PWCS Bulletins, PWCS Public Website]

- What is Hazel Health Telehealth?
 - Hazel Health provides teletherapy service that eliminates barriers to quality mental health care services
 - Therapy sessions with Hazel Health provide a safe, private, and confidential environment, within the comfort of the students' home
 - Hazel Health provides mental health telehealth to all active PWCS students in grades K-12 at no cost to families

- What services does Hazel Health provide?
 - Initial Assessment: Hazel Health will conduct preliminary evaluations to identify students' mental health needs
 - Telehealth Services: Short-term telehealth support will be available for general mental health concerns, acting as an interim solution until permanent care is arranged
 - Hazel Health telehealth services are provided through a tablet, computer, or smart device in the comfort of the student's home

- How Hazel Health helps students?
 - It's confidential and private
 - Through locally licensed therapists
 - Available for all K-12 PWCS Students
 - Offered in 19 languages

- Therapists can help students with:
 - Anxiety, depression, and stress
 - Mood and behavior change
 - Grief and loss
 - Social skills, bullying, and peer relationships

- How can parents and/or guardians receive access?
 - Step 1: Complete the Opt-In Form | Parents/Guardians and/or students over 18 years of age complete the PWCS Opt-In form in ParentVUE. (Parental involvement must be in place)
 - Step 2: Consent to Service | Parents/Guardians register their student with Hazel Health by completing the consent form
 - Step 3: Account Set-up | Complete referral packet and set up an account
 - Step 4: Initiate Services | The Hazel Health Enrollment Team confirms the consent for services and schedules an intake appointment with parent/guardian

- Resources
 - PWCS Hazel Health Website
 - PWCS Frequently Asked Questions About Hazel Health Services
 - Instructions For Accessing Care Through Hazel Health
 - Mental Health Resources
 - Hazel Health Website
 - Contact: Francesca Knight, Coordinator, PWCS Student Health and Wellness at email: knightfw@pwcs.edu

Supporting Student Mental Health in PWCS: Shannon L. Dimisa, School Counselor on Special Assignment

- The Mental Health Team consists of the following College, Career, and Student Support Department:
 - Jane Prince, Supervisor of Secondary Counseling and Student Support Services
 - Dr. Kelly Kaczmarczyk, Administrative Coordinator for Mental Health
 - Shannon DiMisa, School Counselor on Special Assignment

- Current School-Based Mental Health Professionals Roles:
 - School Psychologists:
 - Direct services to students: Individual and group counseling
 - General and Special Education services: Consultation with teachers and administrators
 - Services through the MTSS process: Student Support Team, FBA/BIP process.
 - Services Under IDEA: Individual evaluations for special education eligibility
 - Crisis Intervention Counseling: Suicide and threat assessments, responsive services
 - School Social Workers:
 - Direct Services to Students - IEP counseling as a related service, individual and small group counseling, attendance support
 - Service to Families - Student/family referral to community-based mental health or therapeutic service providers [public and private], basic needs support
 - Special Education Eligibility process – conducts developmental/sociocultural assessment to help eligibility committee determine if a child has disability
 - Crisis Intervention - Suicide assessments, responsive services (threat assessment, Critical Incident Team)
 - School Counselors:
 - School counselors are required to spend 80% of their time direct/indirect service to students
 - Focus on three domains to address all students' social/emotional development, academic success, and college and career development
 - Comprehensive programs contribute to safe, supportive, and inclusive school climate. "No Hate for Place Committee and Program" after school clubs in place for bullying prevention
 - Provide education, prevention and early identification and intervention

- Some Activities Division-wide that promote positive student mental health
 - Suicide Prevention Awareness Month (September)
 - "You Matter" video
 - No Place for Hate & bullying prevention programming
 - Mental Health Awareness Month (May)
 - Month of the Military Child and military-connected student support

- PWCS Support Corps
 - School-based mental health professionals
 - Support students who have mental health barriers to attendance
 - Parent/guardians are offered optional support when a mental health crisis occurs during the school day
 - Work outside of school hours

- Support the transition from in-patient or out-patient treatment to the normal school day.
- Staff Education Examples
 - Mental Health First Aid – Youth & Adult
 - Creative Arts Therapies for Treatment and Self Care
 - Mental Health Awareness Training
 - Suicide Prevention and Awareness Training
- Parent Education Examples
 - Talk Saves Lives – American Federation for Suicide Prevention
 - Practical Strategies for Reducing Stress and Increasing Success
 - Empowering Parents: Strategies for Supporting Children and Adolescents in Mental Health
- Community Partnership
 - PWC Community Services Board - Emergency Services, CR2, Prevention & Wellness
 - Behavioral Health Hospitals, like North Springs, Dominion
 - Area Mental Health Providers, like Ellie, Sandstone Care, George Mason
 - Committee participation/collaboration - Promoting Behavioral Health, Prevention Coalition of Greater Prince William, Trauma Informed Network, American Federation for Suicide Prevention, NAMI Prince William, etc.

Homebound Update: Connie S. Meade, SHS Admin Coordinator

Touching on the mental health aspect; some students receiving homebound instruction are due to mental health. The homebound instruction application is completed either by a physician or licensed clinical psychologist. The medical certification of need should state that the student is unable to attend in person due to medical or mental health condition. Once approved the student could receive up to nine weeks of homebound instruction and the total hours of instruction received would vary on their grade level. Instruction should be provided after school hours excluding weekend and holidays. If the student needs an extension the school homebound coordinators will touch base with those parents, and they will fill out extension paperwork approved by the physician or licensed clinical psychologist in order to continue services.

Homebound Application Submissions:

School Year	Applications	Based on Mental Health
2022-23	466	210 Applications (45%)
2023-24	689	318 Applications (46%)

A lot of the other students get their support from outpatient facilities, and we also have some students on homebound who are in an inpatient facility as well. The Support Corp has reached out to us about providing support to students who are on homebound for mental health related reasons. For those students we're going to collaborate with the homebound coordinators to help those students integrate back into school when they are ready to and provide any services and/or resources that they might need while they are on homebound.

Closing Remarks/Meeting Adjourned:

- Brenda Miller-Dorick, supervisor of Student Health Services (SHS)
- The meeting was adjourned at 10:58 a.m.
- Next meeting scheduled for January 17, 2025 Room 1101 A/B