

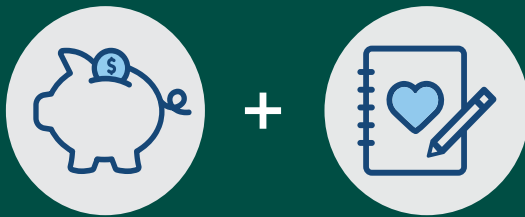


KAISER PERMANENTE MEDICARE ADVANTAGE (HMO)

A great value in Medicare health care for
Prince William County Public Schools retirees



H2172_EG_21_168



It's all in one package.

You'll save money
and spend less time
managing health benefits.

Rates and benefits

When you choose a Kaiser Permanente Medicare health plan through Prince William County Public Schools, Kaiser Permanente will bill you directly and you will receive a bill in the mail for your monthly premium. For questions about your bill, please contact Member Services, 7 days a week, 8 a.m. to 8 p.m., at **1-888-777-5536 (TTY 711)**.

Coverage and copayments: Medicare Advantage (HMO) plans for Prince William County Public Schools retirees

Office visit—primary and specialty	\$15 copay
Diagnostic lab/X-ray	Covered in full
Inpatient hospital	\$100 per benefit period
Outpatient services/surgery	Covered in full
Emergency room	\$50 copay
Urgent Care	\$15 copay
Ambulance	Covered in full
Durable medical equipment	Covered in full
Routine eye exam ¹	\$15 copay
Preventive dental exam and cleaning ²	\$30 copay
Hearing aids	\$0 for one hearing aid for each ear—every 36 months

Please visit my.kp.org/princewilliam to watch the prerecorded Medicare 101 session and learn about the Kaiser Permanente Medicare Advantage plan. Please contact Kaiser Permanente with questions about your plan by calling **1-800-747-2189 (TTY 711)**, 8 a.m. to 8 p.m., 7 days a week. The 2022 monthly premium for this plan is \$251.35 per person, per month.

Prince William County Public Schools requires all its members, including retirees, beneficiaries, spouses, and children, covered under a Prince William County Public Schools retiree medical plan to enroll in Medicare Part B through Social Security Administration at the time you become eligible for Medicare Part A. Once enrolled in Medicare Part B, you must remain enrolled in order to continue receiving the maximum possible benefits.

¹ At Vision Essentials by Kaiser Permanente locations.

² With the Preventive Dental plan underwritten by Kaiser Permanente and administered by Dominion National.

Drug coverage is included with your plan

Part D prescription drug coverage is included in our Kaiser Permanente Medicare Advantage plans.

When you order prescription refills from a Kaiser Permanente pharmacy or online at **kp.org**, you can use the preferred prescription home delivery option for many drugs and have them sent to your home at no extra charge.

Initial coverage stage

You pay the copays and coinsurance shown in the chart on page 7 until your total yearly drug costs reach **\$7,050**. (Total yearly drug costs are the amounts paid by both you and any Part D plan during a calendar year.) If you reach the \$7,050 limit, you move on to the catastrophic stage and your coverage changes. There is not a coverage gap with the Kaiser Permanente Medicare Advantage plan.

TRANSFERRING PRESCRIPTIONS

We have two ways to help you transfer your prescriptions from your current pharmacy to a Kaiser Permanente pharmacy:

- Visit **kp.org/newmember** and click “transition prescriptions” OR
- Call **1-800-700-1479 (TTY 711)**

Here’s what we’ll need:

- Your Kaiser Permanente medical record number
- The name and telephone number of your current pharmacy
- The name, strength, and directions for use of the prescribed medication
- The prescription number of the prescribed medication
- The name and phone number of the physician who prescribed the medication

To view our pharmacy directory, visit **kp.org/directory**.

Tier	Plan A with Part D			
	Preferred pharmacy (up to a 60-day supply)	Standard pharmacy (up to a 60-day supply)	OON pharmacy (up to a 30-day supply) and LTC pharmacy (up to a 31-day supply)	Prescription home delivery ³ (up to a 90-day supply)
	You pay	You pay	You pay	You pay
Tier 1 (preferred generic)	\$15	\$25	\$12.50	\$10
Tier 2 (generic)	\$15	\$25	\$12.50	\$10
Tier 3 (preferred brand)	\$15	\$25	\$12.50	\$10
Tier 4 (non-preferred brand)	\$15	\$25	\$12.50	\$10
Tier 5 (specialty tier)	\$15	\$25	\$12.50	\$10
Tier 6 (vaccines)	\$0	\$0	\$0	Not available

Catastrophic coverage stage

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$7,050, you pay:

- Generic drugs – \$2
- Brand drugs – \$7.50
- Vaccines – \$0

³ For certain drugs, you can get prescription refills mailed to you through our Kaiser Permanente prescription home delivery. You should receive them within 3-5 days. If not, please call **1-800-733-6345** (toll free) (TTY **711**) for assistance Monday through Friday, 8 a.m. to 7 p.m.

A better choice

YOU'VE MADE PLANS FOR YOUR LIFE.
YOU WANT TO MAKE THE RIGHT CHOICE
FOR YOUR HEALTH CARE TOO.

Care you can trust

Kaiser Permanente delivers quality care to over 750,000 members in Maryland, Virginia, and Washington, DC. We stand for good health by providing you with personalized care every step of the way. It's our mission to help our members achieve wellness—both mind and body—at every stage in life.

Coverage beyond Original Medicare

Kaiser Permanente Medicare Advantage offers you all the services and benefits covered by Original Medicare, plus additional benefits, such as:

- **The Silver&Fit® Healthy Aging and Exercise Program⁴**
We've included the following with your Kaiser Permanente Medicare health plan:
 - » **Fitness center membership.** Reshape your life with membership at a local participating Silver&Fit fitness center. Visit SilverandFit.com to find a fitness center near you.
 - » **Home fitness program.** Members may choose two⁵ traditional home fitness kits—which may include an instruction DVD and printed guide—and effective 1/1/21, one Stay Fit kit with your choice of a FitBit® device, Garmin® device, yoga kit, or strength exercise kit. This benefit also includes website access, online fitness workout classes, educational tools, and a rewards program.
For more information about the Silver&Fit program and the features you have available to you, visit SilverandFit.com.
- **Preventive dental care**
You pay a \$30 copayment for each preventive care office visit, which includes up to two oral exams, two cleanings, and two bitewing X-rays every year. Other covered dental services are provided at a reduced fee.

⁴ The Silver&Fit program is provided by American Specialty Health Fitness, Inc. (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). Silver&Fit is a registered trademark of ASH and used with permission herein. Not all programs and services are available in all areas. Participating fitness centers and fitness chains may vary by location and are subject to change.

⁵ Kits are subject to change and once selected cannot be exchanged.

- **Routine eye care**
Your benefits include coverage for routine eye exams, glaucoma and cataract screenings, and a \$200 allowance every 24 months on glasses and contact lenses. Optical locations are conveniently located in many of our medical centers.
- **Transportation to medical appointments**
Our plan includes 24 rides⁶ for nonurgent medical appointments at Kaiser Permanente medical centers and contracted facilities at no extra cost.
- **Virtual care options⁷**
Our flexible virtual care options help you visit with your Kaiser Permanente doctor by phone or video from the comfort of home. You can also call our 24/7 advice line and email your Kaiser Permanente doctor with nonurgent questions.
- **BrainHQ**
Online brain health exercises are included with your membership at no extra cost. These exercises can help improve cognitive function, including memory, attention, and processing speed.
- **Worldwide emergency care**
With Kaiser Permanente Medicare Advantage, you are covered worldwide for urgent and emergency care. Go to the nearest urgent care or emergency facility. For added convenience, our members can receive in-person urgent care services at CVS MinuteClinic® and Concentra Urgent Care⁸ locations while traveling outside of states where Kaiser Permanente operates. Be sure to bring your Kaiser Permanente ID card and method of payment.

⁶ Twenty-four one-way rides per contract year. For nonemergency transportation only.

⁷ If you travel out of state, phone appointments and video visits may not be available due to state laws that may prevent doctors and health care providers from providing care across state lines. Laws differ by state.

⁸ If you get care at a CVS MinuteClinic® or Concentra Urgent Care in states without Kaiser Permanente, you'll be charged your standard copay or coinsurance. If you get urgent care at a CVS MinuteClinic®, Concentra Urgent Care, or any other urgent care facility in a state with Kaiser Permanente providers, you'll be asked to pay upfront for services you receive and will need to file a claim for reimbursement.



Hearing aids

**\$0 for one hearing aid for each ear—
every 36 months**

You're also covered for medically necessary hearing aid evaluations and diagnostic procedures to determine the hearing aid model which will best compensate for loss of hearing.

JOIN OUR THRIVING AFTER 60 COMMUNITY

The Thriving After 60 community is dedicated to keeping its members mentally and physically healthy all while having a good time. Come make like minded new friends at our engaging virtual events and workshops, which focus on supporting the changing health and wellness needs of those over 60. Our activities are designed to help you maintain your health and energy and stay connected with the community well into retirement. Follow our Facebook page at facebook.com/ThrivingAfter60 to stay informed, and register for our events anytime at kp.org/ta60mas.

Care with Kaiser Permanente

It starts with your personal physician

Your network includes over 1,700 physicians in the multispecialty Mid-Atlantic Permanente Medicare Group, P.C., who treat Kaiser Permanente members in our medical centers. Permanente doctors will help you live your healthiest life possible, and no matter which doctor you choose, you'll be in skilled, experienced hands—and your health is their chief concern. To view our provider directory, visit kp.org/directory.

Continuing your care with specialists

Should you ever need a specialist (for example, a cardiologist, neurologist, podiatrist, or dermatologist), we have doctors who are able to address health care needs across more than 50 medical and surgical specialties. From dermatology to treatment for cancer, heart problems, and more, Kaiser Permanente doctors and network providers cover all of your care needs.

The care you need under one roof

In almost all of our medical centers, you can see your doctor, fill your prescriptions, and get your lab tests and X-rays all in one trip to the same location. Almost all of our medical centers include:

- Access to a range of primary and specialty care physicians
- Laboratory
- Pharmacy
- Radiology/imaging
- Vision services (eye exams, eyeglasses, and contact lenses)

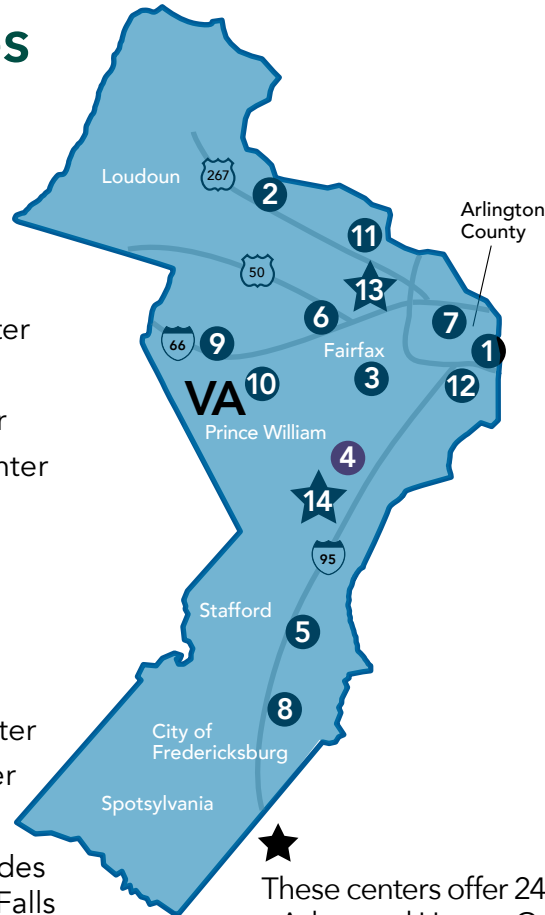
Check kp.org/facilities to learn which services are offered at the medical centers closest to you, and visit kp.org/doctor to learn about our highly qualified Kaiser Permanente physicians.

Choose the right Kaiser Permanente doctor

To help you find a personal doctor (also called a primary care physician) who's right for you, you can browse our online doctor profiles at kp.org/doctor. There, you'll see information related to our physicians' education, credentials, specialties, and interest areas, as well as whether or not they're accepting new patients.

Kaiser Permanente medical facilities

- 1 Alexandria Medical Center
- 2 Ashburn Medical Center
- 3 Burke Medical Center
- 4 **OPENING 2022**
Caton Hill Medical Center
- 5 Colonial Forge Medical Center
- 6 Fair Oaks Medical Center
- 7 Falls Church Medical Center
- 8 Fredericksburg Medical Center
- 9 Haymarket Crossroads Medical Center
- 10 Manassas Medical Center
- 11 Reston Medical Center
- 12 Springfield Medical Center
- 13 Tysons Corner Medical Center
- 14 Woodbridge Medical Center



Our service area in Virginia includes the cities of Alexandria, Fairfax, Falls Church, Fredericksburg, Manassas, and Manassas Park; the counties of Arlington, Fairfax, Loudoun, Prince William, Spotsylvania, and Stafford.

- ★ These centers offer 24/7:
- Advanced Urgent Care
 - Lab
 - Pharmacy
 - Radiology

Caton Hill Medical Center

13285 Minnieville Road
Woodbridge, VA 22192

When it opens in 2022, this center will replace our Woodbridge Medical Center.



For a complete list of our locations, visit kp.org/facilities.
You can request a provider directory by calling Member Services at **1-888-777-5536** (TTY **711**), 7 days a week, 8 a.m. to 8 p.m.

KAISER PERMANENTE LOCATIONS IN VIRGINIA

Alexandria Medical Center

3000 Potomac Ave., Alexandria, VA 22301

Ashburn Medical Center

43480 Yukon Drive, Ashburn, VA 20147

Burke Medical Center

5999 Burke Commons Road, Burke, VA 22015

Caton Hill Medical Center Opening in 2022

13285 Minnieville Road, Woodbridge, VA 22192
When it opens in 2022, Caton Hill Medical Center will replace our Woodbridge Medical Center.

Colonial Forge Medical Center

125 Hospital Center Blvd., Suite 110, Stafford, VA 22554

Fair Oaks Medical Center

12255 Fair Lakes Parkway, Fairfax, VA 22033

Falls Church Medical Center

201 N. Washington St., Falls Church, VA 22046

Fredericksburg Medical Center

1201 Hospital Drive, Fredericksburg, VA 22401

Haymarket Crossroads Medical Center

15050 Heathcote Blvd., Haymarket, VA 20169

Manassas Medical Center

10701 Rosemary Drive, Manassas, VA 20109

Reston Medical Center

1890 Metro Center Drive, Reston, VA 20190

Springfield Medical Center

6501 Loisdale Court, Springfield, VA 22150

New facility opens adjacent to the current facility in 2022

Tysons Corner Medical Center

8008 Westpark Drive, McLean, VA 22102

Woodbridge Medical Center

Closes when Caton Hill Medical Center opens in 2022
14139 Potomac Mills Road, Woodbridge, VA 22192

A photograph of a woman and a man playing chess together. The woman, on the left, is wearing a light blue cable-knit sweater and has dark hair. She is smiling and pointing her finger at the chessboard. The man, on the right, is wearing a light blue button-down shirt and has grey hair. He is holding a white chess piece and looking at the board. They are both leaning over a wooden table where a chessboard is set up. The background is a bright, indoor setting with a window and some furniture.

Better together

Once enrolled in Kaiser Permanente Medicare Advantage, you must use network providers except in emergency or urgent care situations or for out-of-area renal dialysis. If you obtain routine care from out-of-network providers, neither Medicare nor Kaiser Permanente will be responsible for the costs. To access a list of network providers, visit [kp.org/directory](https://www.kp.org/directory). You can also call Member Services at **1-888-777-5536** (TTY **711**), 7 days a week, 8 a.m. to 8 p.m.

Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.

5-Star care



The only Medicare health plan in Maryland, Virginia, and Washington, DC, rated 5 out of 5 stars for 10 years in a row—2013-2022.



Kaiser Permanente of the Mid-Atlantic States' Medicare plans in Virginia, Maryland, and the District of Columbia all received the highest rating from the National Committee for Quality Assurance.¹⁰

⁹ Every year, Medicare evaluates plans based on a 5-star rating system.

¹⁰ In the NCQA Medicare Health Plan Ratings 2021, our Medicare plan is rated 5 out of 5, the highest rating in Maryland, Virginia, and Washington, DC.

Important phone numbers and websites

Kaiser Permanente Member Services	1-888-777-5536 (TTY 711) Seven days a week, 8 a.m. to 8 p.m.
Prince William County Public Schools microsite	my.kp.org/princewilliam
Kaiser Permanente self care	kp.org/selfcare
Silver & Fit	silverandfit.com
Thriving After 60	kp.org/ta60mas
Manage your care	kp.org/register
COVID-19 information	kp.org/covid
New member resources	kp.org/newmember

For more information or to join Kaiser Permanente, call a Kaiser Permanente Medicare specialist at
1-800-747-2189 (TTY 711),
 8 a.m. to 8 p.m., 7 days a week.



KAISER PERMANENTE®

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc.
2101 E. Jefferson St., Rockville, MD 20852

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