

COMMUNITY RESOURCE GUIDE



Notes

Family Service Worker: _____

Email: _____

Cell: _____

Office: _____

Important Phone Numbers

Prince William County

Emergency.....	911
Non-Emergency:	703.792.6500
Fire	703.792.6800
Police Patrol-Central District Station	703.792.8555
Police Patrol-Eastern District Station	703.792.7200
Police Patrol-Western District Station	703.792.5111
Social Services	703.792.7500
Coordinated Entry Services (Homeless Prevention).....	703.792.3366
Public Information	703.792.5123

Website www.pwcva.gov

Important Hotlines

Child Abuse and Neglect Hotline.....	1.800.552.7096
PW Area Food Helpline.....	703.794.4668
Poison Control:	1.202.625.333 or 1.800.222.1222
SAMHSA (Mental Health/Substance Abuse) Helpline	1.800.662.4357
SAVAS (Sexual Assault Advocacy)	703.497.1192
Suicide and Crisis Lifeline	988
Prince William Information Line	311
Virginia Information Line.....	211 or https://211virginia.org
Virginia Opiod Helpline.....	1.877.674.6437

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ALCOHOL AND DRUG TREATMENT

Organization	Contact	Hours/Information
Alcoholics Anonymous	703.293.9753 www.AAVirginia.org OR www.nvintergroup.org 10400 Eaton Place, Suite 106, Fairfax, VA 22030	Hours Vary Group meetings, confidential. Groups are available for anyone who wants to stop drinking. Help available 24/7
Community Services	Sudley North: 703.792.7800 7969 Ashton Ave., Manassas, VA 20109 Ferlazzo: 703.792.4900 15941 Donald Curtis Dr #200, Woodbridge, VA 22191	Mon-Thurs 8am-8pm; Fri 8am-5pm Email: emailcsb@pwcgov.org Case management and counseling support.
New Horizons, School-Based Services	703.792.7373 15941 Donald Curtis Dr, # 200 Woodbridge, VA 22191 www.pwcgov.org (youth services)	Hours Vary Provides school-based and home-based counseling.
Dominion	703.792.5241 7969 Ashton Ave, Manassas, VA 20109	Eight week program, meets Mon, Wed, Thur 9am-12pm (in-person and virtual)
UVA Health	703.369.8465 8680 Hospital Way, Manassas, VA 20110 www.Uvahealth.com	Mon-Fri 7am-1pm Evaluation and treatment services, in-patient and out-patient.
Methadone Treatment Center	703.330.7517 8427 Dorsey Circle, Suite 101, Manassas, VA 20110 Intake: 800.440.6310 www.methadonetreatmentcenters.com	Hours Vary Private and comprehensive methadone maintenance and detoxification. Covered by some insurance. Individual and group counseling.
Virginia Center for Addiction Medicine	804.332.5950 www.mastercenter.com 4212 Park Place Court, Glen Allen VA 23060	Mon, Tue, Thur 8:30am-7:30pm Wed, Fri 8:30am – 5pm Sat 8:30am – 12pm Evaluation, treatment, counseling, coaching and family programs. Offers self-pay for uninsured. Payment plans available
Washington Behavioral Health	703.492.2924 1954 Opitz Blvd, Suite 007, Woodbridge, VA 22191 (Location 1) 3842 Elm St #201, Mclean, VA 22101 (Location 2) For appointments and inquiries, you may contact: admin@wbh-va.com www.washingtonbehavioralhealth.com	Location 1: Mon-Thurs. 8am-5pm Fri. 9am-3pm Location 2: Mon- Thurs 8am-5pm Fri. Closed Treatment for dual diagnoses and co-occurring disorders.

Addiction Recovery: <https://www.recovery.org/>

Addiction Center: <https://www.addictioncenter.com/>

National Helpline: <https://www.samhsa.gov/find-help/national-helpline> (1.800.662.4357)

National Institute on Drug Abuse: <https://www.drugabuse.gov/parents-educators>

Partnership for Drug-Free Kids: <https://drugfree.org/>

PWCS Student Services/Substance Abuse Prevention:

www.pwcs.edu/departments/student_services/when_your_student_needs_assistance

Substance Abuse and Mental Health Services: <https://www.samhsa.gov/find-help>

Virginia Opioid Helpline: 1-877-674-6437

CHILD ABUSE OR DOMESTIC VIOLENCE

Organization	Contact	Hours/Information
ACTS Domestic Violence Program	703.211.4460 24 hr. hotline 703.221.4951 Court Advocacy: 703.792.4248 (English) or 703.792.6232 (Spanish) https://actspwc.org/domestic-violence Main Location-3900 Acts Ln, Dumfries 22026 PO Box 74, Dumfries, VA 22026	Mon– Fri 9am-5pm Adult and children’s services, case management, community referrals, court advocacy, and individual and/or group DV support sessions by phone, zoom or in person. Services available in all languages
ACTS, Sexual Assault Services	703.497.1192 PO Box 4783, Woodbridge, VA 22194 https://actspwc.org/sexual-assault	24 Hours crisis hotline Appts Mon-Fri 9am-5pm Referrals and information and support for victims of sexual assault, their family and friends. Defense courses.
Social Services	703.792.4200 (Mon – Fri 8am – 4pm) 1.800.522.7096 (24 hr)	Report Suspected Child Abuse or Neglect, Prince William County

Parenting Resources:

- Child Protective Services, PWC: www.pwcva.gov/department/social-services/child-protective-services
 Parent Education Advocacy Training Center: <https://peatc.org>
 Parent Toolkit Online Resource: <https://www.today.com/parenting-guides>
 Virginia Cooperative Extension: www.pwcva.gov/vce
 Community Education: <https://casadelosninos.org/programs-and-resources/parenting-classes-in-english-and-spanish/>

Child Supervision Guidelines

Age	Time Limit
0-8 years	May not be left unsupervised
9-10 years	No more than 1.5 hours alone
11-12 years	No more than 3 hours alone
13-15 years	May be left alone all day
16-17 years	May be left alone all night or over the weekend

Babysitting Guidelines

Age	Time Limit
13 years	May babysit children for up to 4 hours
14-15 years	May babysit over 4 hours/ not overnight/ not weekends
16-17 years	May babysit children overnight or over weekend

*Source: PWC Child Protective Services ([English/Spanish](#))

CHILDCARE RESOURCES

Organization	Contact	Hours/Information
Childcare Search	www.childcareva.com or http://va.childcareaware.org	866.543.7852 or 804.285.0846 Search to find childcare providers by zip code or city
Foundation First (Greater PW)	571-287-7600 #3 2500 Hunter Place, Ste 201 Woodbridge, VA 22192 www.foundationfirstva.org	Provides childcare and early childhood education information and referrals to parents of children ages birth to five. info@foundationfirstva.org
Planning Council	757.622.9268 2551 Eltham Ave., Suite 1, Norfolk, VA 23513 www.theplanningcouncil.org	Mon-Fri 9am-5pm Training and information for childcare providers.
Social Services Prince William	703.792.7500 Dr. A.J. Ferlazzo Building 15941 Donald Curtis Drive, Suite 180 Woodbridge, VA 22191 www.pwcva.gov/department/social-services	Mon- Fri 8am- 5pm The agency provides County residents with childcare assistance.

Childcare Marketplace Search: <https://families.vareadytofindchildcare.com/welcome>
 Choosing a childcare provider: <https://childcare.gov/consumer-education/selecting-a-child-care-program-visiting-and-asking-questions>
 VDOE Child Care VA: www.childcare.virginia.gov/home-childcare

CLOTHING

Organization	Contact	Hours/Information
B-Thrifty	703.496-5100 13412 Richmond Hwy Woodbridge 22191 https://b-thrifty.com/Woodbridge-VA/	Mon-Sat 10am-9pm Sun 11am-7pm Free clothes for children every 6 months
Boxes of Basics	https://boxesofbasics.org	Referrals accepted from PWCS PK program and other agencies for clothing for children ages 0-12. Contact your Family Service Worker for a referral.
Catholic Charities	703.940.7505 125 South West St, Alexandria, VA 22314 Emergency Assistance Intake: www.cdda.net/need-help	Tuesday appointments for clothing
House of Mercy	703.659.1636 8170 Flannery Ct, Manassas, VA 20109 www.houseofmercyva.org	Thrift Store: Mon – Sat , 10am-6pm (online shopping available)
Salvation Army	703.580.8991 1483 Old Bridge Rd #102, Woodbridge https://southernusa.salvationarmy.org/nca/prince-william-service-center/	Mon-Thurs 10am-4pm & Fri. 10am-2pm Back-to-school supplies, Christmas assistance.
Women Giving Back	703.554.9386 20 Export Dr, Sterling, VA 20164 https://womengivingback.org/	Referrals accepted from PWCS PK program and other agencies for clothing and school supplies. Contact your Family Service Worker for a referral.

Operation Helping Kids: www.operationhelpingkids.com

COMMUNITY SERVICES

Organization	Contact	Hours/Information
ACTS Information and Referral	703.441.8606 PO Box 74, Dumfries, VA 22026	Information and community referrals. Email: info@actspwc.org
Court System	9311 Lee Ave, Manassas, VA 20110 General District Court Traffic/Criminal- 703.792.6141 Civil- 703.792.6029 www.courts.state.va.us	Juvenile/Domestic- 703.792.6160 Circuit Court- 703.792.6015 Mon-Fri 8am-4pm
Fire & Rescue	703.792.6800 1 County Complex Ct., Woodbridge, VA 22192	Fire safety, information on obtaining a smoke detector.
Library System	www.pwcva.gov/department/library Bull Run Library- 703.792.4500 8051 Ashton Ave, Manassas, VA 20109 Central Library- 703.792.8360 8601 Mathis Ave, Manassas, VA 20110 Chinn Park Library- 703.792.4800 13065 Chinn Park Dr, Woodbridge, VA 22192 Montclair Library- 703.792.8740 5049 Waterway Dr, Dumfries, VA Potomac Library- 703.792.8330 2201 Opitz Blvd, Woodbridge, VA 22191	Hours Vary Books, magazines, DVDs, puzzles, Ebooks, online references, and bi-lingual books. Sign up for a library card and check out materials. Computer and internet access.
Park Authority	www.pwcva.gov/department/parks-recreation 703.792.7060 14420 Bristow Rd, Manassas, VA 20112	Hours vary Recreational facilities and classes.
Police Department (Prince William)	Central Station – 703.792.8555 5036 Davis Ford Rd, Woodbridge 22192 Garfield Station - 703.792.7200 15948 Donald Curtis Dr, Woodbridge 22191 Western Station - 703.792.5111 8900 Freedom Center Blvd, Manassas 20110	Non-Emergency – 703.792.6500 General Information – 703.792.5123 Narcotics Tip Line – 703.686.6522 Police Records – 703.792.6562 Animal Control – 703.792.6500- 24 hours Animal Shelter – 703.792.6465
Social Security Administration	1.800.772.1213 9500 Center St, Manassas, VA 20110 www.socialsecurity.gov	Mon-Fri, 9am-4pm Appointments Preferred
Social Services Prince William	703.792.7500 7987 Ashton Ave #200, Manassas, VA 20109 15941 Donald Curtis Dr, #180, Woodbridge, VA 22191 https://www.pwcva.gov/department/social-services	Mon- Fri 8am- 4pm Apply for Medicaid, SNAP food assistance program, daycare assistance, fuel assistance.
VA Cooperative Extension	703.792.6289 8033 Ashton Ave, Suite 105, Manassas, VA 20109 Financial Counseling- 703.792.6287 Nutrition- 703.792.4371 Parenting- 703.792.6288 Spanish – 703.792.5940 www.pwcgov.org/vce	Mon-Fri, 8am-5pm 4H Youth Program- 703.792.6286 Agriculture, Water Quality- 703.792.6285
Voter Registration	703.792.6470 Main Office- 9250 Lee Ave, Suite 1, Manassas www.pwcvotes.org	Mon-Fri - 8:30am-4:30pm

COUNSELING AND GUIDANCE

Organization	Contact	Services
Catholic Charities Family Services	703.841.3830 703.687.8987 (Intake Line) 14160 Ferndale Rd, Woodbridge, VA 22193 www.cdda.net/need-help/medical-and-counseling/counseling	Mon-Fri, 9am-5pm Provides counseling for families, individuals, couples
Child and Family Counseling Center (CR2)	703.670.5738 13649 Office Pl, Ste 102, Woodbridge, 22192 www.cfcc.info	Mon-Thurs, 9am-12pm and 1pm-4:30pm, until 4pm Friday Counseling provided for families and children (ages 5 and up).
Children's Regional Crisis Response	1.844.627.4747 or 571.778.4209 703.527.4077 www.CR2crisis.com	24hr rapid response Serving PWC, Manassas, MP youth (17 & younger) facing mental health or substance abuse crisis. Intervention, crisis, case management, assessments, safety planning. Part of National Counseling Group.
Community Services (Behavioral Services)	Sudley North – 703.792.7800 7969 Ashton Ave, Manassas Ferlazzo- 703.792.4900 15941 Donald Curtis Dr, Ste 200, Woodbridge www.pwcva.gov/department/community-services	Hours Vary Counseling is provided for adults, families, and children. Accepts Medicaid and those with no insurance.
Dominion Youth Services	1931 Plank Rd, #101, Fredericksburg 804.272.2000 855.444.9838 https://dominion.care/	Hours Vary Counseling provides in-home and virtual services.
Greater Prince William Community Health Center	703.680.7950 GPW Center: 3350 Commission Ct Woodbridge, VA 22192 Evergreen Health Center; 9705 Liberia Ave #201, Manassas Dumfries Health Center: 17739 Main St, Dumfries https://www.gpwhealthcenter.org/	Monday to Thursday 7am – 7pm Closed Friday to Sunday Counseling for adults, families, and children. Accepts Medicaid, insurance, and sliding scale.
Prince William Family Counseling	Manassas - 703.330.9933 8140 Ashton Ave, #200, Manassas Woodbridge - 703.497.1771 12721 Darby Brook Ct, #102, Woodbridge. Gainesville - 571.248.9933 7001 Heritage Village Plaza, #240, Gainesville. www.pwfc.com	Hours Vary Life skills training, Intensive In-Home, and Counseling provided for families and children. Accepts Medicaid
Suicide & Crisis Lifeline	988 https://988lifeline.org	24 hours Free support for mental health struggles, emotional distress, alcohol or drug use concerns, or suicidal thoughts. Call, text, or chat. One-on-one assistance.
VA Home Based Counseling	8140 Asthon Ave #200, Manassas 703.368.8454 http://chooseyourprovider.org	In home counseling, mentoring for children, ages 4-18yrs. Services are provided 24 hours. For children who are at risk of being removed from home, difficult family situations). Accepts Medicaid. Self-pay \$45hr - \$60 hr.
Youth for Tomorrow	703.659.9900 11835 Hazel Circle Drive, Bristow 6800 Backlick Rd #300, Springfield www.youthfortomorrow.org/outpatient	Counseling, crisis intervention, in-home counseling for youth and families. Available at some area schools. Accepts insurances and Medicaid.

DISABILITIES AND SPECIAL NEEDS

Organization	Contact	Hours/Information
ARC of Greater Prince William	703.670.4800 13505 Hillendale Dr, Woodbridge, VA 22193 https://arcgpw.org/	Hours Vary Developmental care for children and teens with disabilities. Residential and vocational programs for adults with disabilities. Family support and education.
Child Find (Prince William Co Schools)	703.791.8857 13225 Canova Dr Manassas VA, 20112 www.pwcs.edu/academics_programs/special_education/child_find	Mon-Fri 8am-4pm Free developmental screenings for preschool ages (2-5years).
PWC Infant Toddler Connections	703.792.7879 7987 Ashton Ave, Suite 231, Manassas, VA 20109 https://www.pwcva.gov/department/community-services/infant-toddler-services	Developmental screenings and follow-up (birth – 3yrs). Parent-Infant Education program.
Parent Resource Center	703.791.8846 Kelly Leadership Building 14715 Bristow Rd, #1200, Manassas, VA 20112 https://www.pwcs.edu/academics_programs/special_education/parent_resource_center	Mon-Fri 8am-430pm (by appointment) Provides support, training, and information to parents of children with special needs.
Social Skills Center	571.285.1403 ext. 1 13885 Hedgewood Dr #233, Woodbridge, VA 22193 https://socialskillscenter.com/	Hours Vary Socialization skill groups (communication, anger management) for children and adults. Groups for children with Asperger's and Autism.

EDUCATION/JOB SKILLS

Organization	Contact	Hours/Information
Adult Education (GED, ESOL, Job Skills)	703.791.7357 14800 Joplin Rd, Bldg 4, Manassas, VA 20112 http://adulted.pwcs.edu	Hours Vary Basic reading, math, and writing skills. English, GED, and job building skills classes.
B.E.A.C.O.N.	703.368.7491 9535 Linton Hall Rd, Bristow, VA 20136 Classes in Manassas and Woodbridge https://beaconliteracy.org	Hours Vary ESOL, citizenship, financial literacy, tutoring. Day and evening classes. Cost \$80
ESLIM- ESOL	703.841.0292 9750 Wellington Rd, Manassas https://www.eslim.org/students Classes at Grace United Methodist Church	ESOL- Cost \$40 Register online: umcgrace.org/ESL
ECHO center USA	517.936.9625 9253 Corporate Circle, Manassas, VA 20110 www.echocenterusa.love	Free English classes, computer classes, and resume-career support.
HOGAR Immigrant Services	571.208.1572 8251 Shoppers Sq, Manassas (Education Office) www.hogarimmigrantservices.org	Hours Vary ESOL and Citizenship Cost \$50-\$125
Literacy Volunteers	703.670.5702 2235-C Tacketts Mill Dr Woodbridge VA 22192 www.lvapw.org	Mon-Fri 9am-4pm Free tutoring for reading and writing, ESOL. Classes offered in-person & online.
NOVA Next	703.503.6300 www.nvcc.edu/academics/workforce/novanext	Program for unemployed federal workers (laid off on or after January 24, 2025).
NOVA Workforce Development	703.878.5770 www.nvcc.edu/academics/workforce	Mon – Thurs 8:30am – 5pm Fri 8:30am – 12:30pm

Organization	Contact	Hours/Information
Northern Virginia Community College	www.nvcc.edu Manassas: 10950 Campus Dr, 703.257.6620 Woodbridge: 2645 College Dr, 703.878.5760	Earn While You Learn Program- 703.884.1116 NOVA ESL- 703.323.3000 https://www.nvcc.edu/financialaid/
Northern VA Family Services	571.748.2863 www.nvfs.org/our-services/workforce-development/	Workforce Development and Training Futures programs to build job skills.
SSI Career Resource Center	571.762.2327 1 Park Place, Manassas Park, VA 20111 (stone house at Costello Park) www.ssihq.net/community-service	Computer based skills. Please call for appointment.
VA Career Works	703.586.6800 – Woodbridge 13370 Minnieville Rd, Woodbridge, VA 22192 https://vcwnorthern.com	Woodbridge: Mon – Fri 9am – 4:30pm Financial classes and workforce programs.
We are CASA	571.421.2211 2359 Research Ct. Woodbridge, VA 22192 https://wearecasa.org/programs-in-virginia/	Mon – Fri 9am – 5pm ESOL classes, Driver's Privilege card, Citizenship classes, Financial education, Legal services

EMERGENCY/DISASTER

Organization	Contact	Hours/Information
ACTS Family Assistance Program	703.221.3186 or 703.441.8606 3900 Acts Lane, PO Box 74, Dumfries, VA 22026 www.Actspwc.org	Monday-Friday 9am-5pm ea@actspwcs.org
American Red Cross	703.584.8400 8550 Arlington Blvd, Fairfax, VA 22031	https://www.redcross.org/
Salvation Army	703.580.8991 1483 Old Bridge Rd #102, Woodbridge	Mon-Fri, 9am-4pm Sunday 10am-2pm
SERVE	571.748.2500 10056 Dean Dr., Manassas, VA 20110 www.nvfs.org/rent-and-mortgage-relief	For Rent and Mortgage Relief call 703-962-1884
Social Services Department (Prince William)	Prince William County Sudley North Bldg-703.792.7500 7987 Ashton Ave, Manassas, VA 20109 Ferlazzo Bldg.- 703.792.6000 15941 Donald Curtis Dr, #180 Woodbridge, VA 22191	Mon- Fri 8am- 4pm Apply for Medicaid, SNAP food assistance program, daycare assistance, fuel assistance.

Emergency Plans: www.ready.gov/plan Spanish: www.ready.gov/es/haga-un-plan

Emergency Plans: www.redcross.org/get-help/how-to-prepare-for-emergencies/make-a-plan.html

Plan de Preparación Familiar: www.ilrc.org/plan-de-preparacion-familiar

EMPLOYMENT

Organization	Contact	Hours/Information
Employment Commission Job Service	703.897.0407 13370 Minnieville Rd, Woodbridge, VA 22192 www.vaemploy.com	Mon-Fri 9am-4:15pm (closed for lunch 12pm-12:30pm) Appointments preferred.
VA Career Works	703.530.3073 6901 Sudley Rd, Manassas Parrish Hall room 204	Wed 8:30am – 5pm Fri 8:30am – 1pm
VA Career Works	703.586.6800 – Woodbridge 13370 Minnieville Rd, Woodbridge, VA 22192 https://vcwnorthern.com	Mon-Fri 9am-4:30pm Financial classes and workforce programs.

Prince William County Government Employment: www.governmentjobs.com/careers/pwccgov

Prince William County Schools Employment: www.pwcs.edu/departments/hr

FOOD

Organization	Contact	Info/Requirements	Hours
ACTS	703-441-8606 3901 ACTS Ln, Dumfries www.actspwc.org	Picture ID, Lease/utility, current address, proof of income. Birth Certificate/SS# for children. Meet with an ACTS Case Worker prior to receiving food. **first come, first serve, 22026 zip code**	Monday 9-11:30am, 1-3pm; Tuesday 1-330pm 5-7pm Wednesday closed. Thursday 9-1130, 1-3pm Friday closed
Chapel Springs Church	703.368.2895 11500 New Life Way Bristow, VA 20136	Photo ID required	Wednesday 12- 3pm
Christ Chapel	703.670.8481 13909 Smoketown Road Woodbridge, VA 22192 www.christchapel.org	Please call ahead of time and set up a pickup time before coming to the church. BY APPOINTMENT ONLY	Mon-Fri 9-5 Sunday by appointment. Requests taken.
Church of Christ (Dale City)	703.590.1790 13130 Hillendale Dr. Dale City, VA 22193	All are welcome	Mondays 4-7pm
Dar Alnoor Islamic Community Center	703.580.0808 #3 5404 Hoadly Rd, Manassas, VA 20112 www.daralnoor.org	Food assistance Email: social-welfare@daralnoor.org	3rd Sunday of the month 10am-11am
Dumfries United Methodist Church	703.221.2880 3890 Cameron Street Dumfries, VA 22026 https://dumfriesumc.com/	Clothes and Food Pantry Must register and bring ID	Mondays 5pm-6pm
First AME Church of Manassas	703.361.8791 #3 10313 South Grant Ave Manassas, VA 20110 https://famechurch.com/food-assistance/	Residents of Manassas, Manassas Park, & PWC. Please call on Friday before to reserve a spot, ID required.	by appointment
Grace Life Community Church	571.229.1700 9560 Linton Hall Rd. Bristow, VA	All are welcome	Tuesday 12:30pm – 1:30pm
Holy Family Catholic Church	703.730.1791 14160 Ferndale Rd. Dale City, VA 22193	Food assistance, by appointment , Woodbridge residents only	Monday & Wednesday 4pm – 5:15pm
Hope Aglow Empowerment Center	703.490.4673 17286 Dumfries Rd Dumfries, VA 22026	Food assistance (by appt) Email: hopegives@hopeaglow.org	by appointment
House of Mercy	703.659.1636 8154 Flannery Ct, Manassas, VA 20109 www.houseofmercyva.org	SHARE food program and food pantry Adults + children each need proof of ID & proof of address. (By Appt)	Mon- Fri 10am – 4pm Assistance Bi-Weekly
Hunger Resource Center (NVFS)	571.748.2680 10056 Dean Dr. Manassas, VA 20110 www.nvfs.org	Food pantry, emergency assistance. Photo ID and proof of residency required (utility bills or lease agreement). Each child needs to present Birth Certificate and Social Security card or Passport.	New Client Registration Wed & Fri 1-2:30pm Appointments given for food pick-up
Manassas Baptist Church	703.361.2146 8730 Sudley Road, Rm 46, Manassas, VA 20110 www.werchurch.com	Food or Clothes for Manassas, Manassas Park, & PWC residents. First Come- First Served. Enter by the Cornerstone Ministries Entrance. No ID required. 2x per month.	Wednesday 6pm-7:30pm

Organization	Contact	Info/Requirements	Hours
Manassas St. Thomas UMC	703.368.5161 8899 Sudley Rd Manassas, VA 20110 www.stthomasumc.org	For Manassas, Manassas Park, & PWC residents- must provide ID and proof of residence. Assistance once per month.	Saturday 9-11am Wed 5-7pm *Clothes give away is the 3rd & 4th Saturday of the month
Our Lady of Angels	571.377.8371 13744 Mary's Way, Woodbridge, VA 22191 www.olasvdp.org/	Assistance once per month. Serving zip codes 22191, 22192, 22193, 22195, 22079, & 22125. Requires picture ID	Every other Sat 10am-12pm
PW Community Food Helpline	703.794.4668	Connect with food resources in your area. Assists with delivery if needed.	Mon – Fri 7am – 4pm
St. Francis House	703.221.6344 2606 Heth Ct, Dumfries, VA 22026 www.stfrncis.org/st-francis-house/	Provides food and financial assistance. Must register first with photo ID, utility bill. Serving Dumfries, Triangle, Quantico.	Thurs 9:30am-1pm
Sacred Heart Catholic Church	703.590.0030 12975 Purcell Rd, Manassas, VA 20112	Must provide ID and bill with address. Food will be given out on a first come first serve basis.	Saturday , 8 – 9:30am Drive Through
The Lord's Pantry (St. Paul UMC)	703.494.2445 1400 G Street (Lower Level) Woodbridge, VA 22191 www.stpaul-umc.org	Must live in 22191, 22192, 22193 zip code. Clothes closet also offered. *bring identification and proof of address	1st Sat. 8-10:30am 3rd Thurs. 3-5:30pm
Triangle Baptist Church	703.221.7191 4345 Inn Street Triangle, VA 22192 www.trianglebaptistchurch.org	Dumfries, Triangle, Quantico area, must provide ID/address. Once per month. First come, first served.	Tues. 11am-12pm
The Streetlight	703.491.2288 (#2) 1550 Prince William Parkway Woodbridge, VA https://thestreetlight.org	Food and financial assistance. Dinner offered on Wednesdays	Tue & Thu 930-1130am Wed dinner 630pm

Catholic Charities St.Lucy Food Project: www.cdda.net/need-help/food/
 Online Search: www.mhhoministries.org/resources
 Online Search: <https://211virginia.org/>
 Online Search: www.findhelp.org/food/food-pantry--woodbridge-va
 Operation Helping Kids: www.operationhelpingkids.com

FURNITURE

Organization	Contact	Hours/Information
B-Thrifty	703.496.5100 13412 Jefferson Davis Hwy, Woodbridge, VA 22191 https://b-thrifty.com/Woodbridge-VA/	Furniture assistance for families who have experienced homelessness
House of Mercy Thrift Store	703.659.1636 8170 Flannery Ct, Manassas, VA 20109 https://houseofmercyva.org/thrift-store	Mon – Sat 10am – 6pm Housewares, linen, furniture at reduced cost. Online shopping available.
Restore	703.369.6145 10159 Hastings Dr, Manassas, VA 20110	Fri – Sat 10am – 6pm Sun 11am – 6pm Furniture, appliances, and building materials for 40-90% off retail prices.
Salvation Army	703.490.2396 13287 Gordon Blvd, Woodbridge, VA 22192	Mon-Sat 10am-6pm

HEALTH

Organization	Contact	Hours/Information
American Cancer Society	800.227.2345 https://www.cancer.org/	Information on prevention, treatment, causes of cancer, and services for patients and families.
American Red Cross	703.584.8400 8550 Arlington Blvd, Fairfax, VA 22031 www.redcross.org	CPR and First Aid classes, find classes online: www.redcross.org/take-a-class
Aetna	www.aetnabetterhealth.com/virginia	VA Medicaid plan
Anthem Health Keepers Plus	www.anthem.com/va/medicaid Community Relations Rep: Patricia Moreno Patricia.moreno@anthem.com	VA Medicaid plan
Cardinal Care (VA Medicaid)	www.virginiamanagedcare.com	Open enrollment June 19, 2025 – September 30, 2025. Families choose a plan: Aetna Medicaid, Anthem, Humana, Sentara, and United Healthcare
Dental Hygiene Clinic	703.822.6694 6699 Springfield Center Dr, Springfield, VA 20150 www.nvcc.edu/student-life/health/dental.html	Mon-Fri, 9am-4pm Appt only Oral exams, dental x-rays, cleaning and preventative treatment. (Please call for fees)
Dental Restorative Clinic	703.822.6607 6699 Springfield Center Dr, Springfield, VA 20150 www.nvcc.edu/student-life/health/dental.html	Mon-Fri, 9am-4pm Appt only Comprehensive exams, fillings, root canals, crowns and bridges. (Please call for fees)
Every Woman's Life	703.792.6340 9301 Lee Ave, Manassas, VA or 4001 Prince William Pkwy, Ste 101 Woodbridge, VA www.vdh.virginia.gov/every-womans-life	Eligible clients receive a clinical breast exam, mammogram, pelvic exam, Pap test, and any other related services required, all at no cost (when funding is available)
Family Health Connection	703.523.0998 2300 Opitz Blvd, Woodbridge, VA 22191 www.sentara.com/medicalservices/family-health-connection	Health services for those with no insurance, call for more information. Eligibility screening required; call 703-523-1103. ID, proof of address, and family income.
Grace Clinic	703.650.9099 14631 Lee Hwy, Suite 313 Centerville, VA 20121 www.gcchealthsystem.org	Sat 9:30am – 12pm; Sun 1:30pm – 5pm Free medical care for uninsured children and adults. Eligibility screening required, bring your ID, proof of address, and family income.
Greater PW Health Center	703.680.7950 GPW Health Center 3350 Commission Ct, Woodbridge, VA Evergreen Health Center 9705 Liberia Ave #201, Manassas Dumfries Health Center 17739 Main St, Dumfries www.GPWHealthCenter.org	Mon – Fri 8am - 5:30pm Primary care, dental, behavioral health and OB-Gyn services for those with and without insurance. Those with no insurance need to complete Discount Program application. Ask for transportation if needed
Health Department	4001 Prince William Pkwy, # 101, Woodbridge- 703.792.7300 9301 Lee Ave, Manassas- 703.792.6300 WIC- 703.792.7319	Mon, Tue, Wed, & Fri 8am-4:30pm WIC office Thu 9:30am-6pm
Humana	www.humana.com/medicaid	VA Medicaid Plan
Kids and Family Dental	9012 Mathis Ave, Manassas 571.921.1111 13648 Jefferson Davis Hwy Woodbridge 571.441.1380 www.kidzdentalva.com	Mon-Thu 8am-4:30pm Fri-Sat 8am-1pm Dental services. Accepts Medicaid and other insurance. Also accepts cash payments.
Mother of Mercy Free Clinic	703.335.2779 Manassas: 9380 Forestwood Lane, Unit B Woodbridge: 13900 Church Hill Drive www.cda.net/need-help/medical-and-counseling/free-medical-clinic/	Mon-Thu: 8am-4:30pm Fri-Sun Closed Free clinic (physical, sick visits, prenatal, referrals). Eligibility: income, residency (address)

Organization	Contact	Hours/Information
Northern Virginia Family Service	571.748.2600 10056 Dean Dr, Manassas, VA 20110 www.nvfs.org	Pharmacy Central 571.435.6600 Pediatric Primary Care 703.244.7310 Medicaid Enrollment Assistance 571.748.2825
NOVANT UVA Health	703.369.8000 8700 Sudley Rd, Manassas, VA 20110 www.novanthealth.org	Schedule -877-823-3007
Partnership for Healthier Kids, INOVA	703.698.2550 703.967.3772 (Spanish) 8051 Sudley Rd, Manassas, VA 20109 www.inova.org/phc	Help with Medicaid applications/renew enrollment. Free service financial aide
Pediatric Primary Care Project	703.244.7310 www.nvfs.org	Health assistance for children who have NO insurance and are not eligible for Medicaid.
Potomac Family Dental	571.540.8981 14338 Gideon Dr, Woodbridge, VA 22192 www.potomacfamilydental.com	*Appt only Uninsured adults and children, cash pay \$109 exam includes cleaning and X-rays
Sentara Community Care Center	703.523.1095 2296 Opitz Blvd. Suite300, Woodbridge, VA 22191	Mon – Fri 8am-4pm Residents of MP and PWC with Medicaid, Medicare, or no insurance.
Sentara Medical Center	703.523.1000 2300 Opitz Blvd, Woodbridge www.sentara.com/hospitalslocations/sentara-northern-virginia-medical-center	Register for classes: 1.800.SENTARA Scheduling: 703.523.1560
Sentara Health Plans	www.sentarahealthplans.com/members/medicaid	VA Medicaid Plan
United Health Care	www.uhc.com/communityplan/virginia	VA Medicaid Plan

HOUSING

Looking for emergency shelter or rapid re-housing, contact the Coordinated Entry System: 703.792.3366
www.pwcva.gov/department/social-services/homeless-services

Organization	Contact	Hours/Information
ACTS Shelter	703.441.8606 17866 Main St Dumfries VA 22026	Contact Coordinated Services for referral
Beverly Warren Emergency Shelter	ACTS Dumfries 703-221-3186	Contact Coordinated Services for referral 18-bed year-round shelter for females and families
Catholic Charities	703.549.8644 131 South West St, Alexandria, VA 22314	Assistance with rent and utility payments. Email for assistance: mailto:EA@ccda.net
Catholics for Housing	703.221.4510 7702 Donegan Dr, Manassas, VA 20109 www.cfhva.org	Security Deposit assistance program- application online Senior rental assistance. *Complete application online
The Ferlazzo Emergency Shelter	703-792-3366	Contact Coordinated Services for referral 48-bed year-round shelter for single adults
Hilda Barg Homeless Prevention Center	703-792-8810 14945 Richmond Hwy	Contact Coordinated Services for referral 30-bed year-round shelter for families
Homeless Prevention (Coordinated Entry System)	Hotline/Shelter Intake 703-792-3366 757.622.9268	Mon-Fri 8am-7pm Assistance hotline for shelter, housing, rent, and utilities. Email: ce@pwcgov.org
Office of Housing and Community Development	703.792.7530 15941 Donald Curtis Dr, #112, Woodbridge, VA 22191 www.pwcgov.org/housing	Mon-Fri, 8am-5pm *Appt only Housing voucher program, first time home buyer programs, transitional housing information. Email: housing@pwcgov.org

Organization	Contact	Hours/Information
SERVE, Northern VA Family Services	703.792.3366 10056 Dean Dr, Manassas, VA 20110 www.nvfs.org	Contact Coordinated Services for referral 90-bed year-round shelter for families and single adults
Streetlight Community Outreach Ministries	703.491-2288	Contact Coordinated Services for referral 8-bed shelter for persons with medical challenges or other disabilities.
Winter Shelter (Nov 1– Mar 3)	703.792.7648 14730 Potomac Mills Rd, Woodbridge, VA 22192	First come, first served shelter for the winter months.

IMMIGRATION SERVICES

Organization	Contact	Services	Languages
Ayuda	703.444.7009 2701 Prosperity Ave #300 Fairfax, VA 22031 www.ayuda.com	Mon-Fri 830am-430pm Immigration services, assist with DREAM Act Legal, language services, Deaf clients, Specialized: domestic/sex assault	Spanish
Ethiopian Community Council	703.685.0510 901 South Highland Street, Arlington, VA 22204 www.ecdcus.org	Refugee/ services, education, health, social services	African Languages
Hispanic Liaison Office of Multicultural Affairs	804.646.0145 4100 Hull Street Rd Richmond, VA 23224	Interpreting/ translation, community referrals, education, children with disabilities (Mon-Fri 8:30am-5pm)	Spanish
Hispanos Unidos	703.533.1760 6400-B Seven Corners Pl. Falls Church, VA 22044	Immigration services, employment, legal services, tax preparation, translations	Spanish
Hogar Immigrant Services	703.534.9805 Legal office:6201 Leesburg Pike #307 Falls Church VA 22044 http://www.hogarimmigrantservices.org	Legal Services, English Classes, assist with DREAM Act. Education office: 8251 Shoppers Sq, Manassas, VA 20111	Spanish
Just Neighbors Legal Services	703.979.1240 www.justneighbors.org	Tue-Fri 9am-5pm Legal Services assist with DREAM Act. Immigration services for refugees.	Spanish
Korean Community Service	703.354.6345 7700 Little River Turnpike, Suite 406 Annandale, VA 22003 www.kcscqw.org	Mon & Wed only 8am-4pm Education, community services, social services, immigration. Cash for Success Program	Korean
Mil Mujeres Legal Services	202.808.3311 1250 H street NW#520 Washington, DC 20005 www.milmujeres.org	Immigration legal assistance U-VISA, VAWA Support and information Info@milmujeres.org	Spanish
Northern VA Family Services	571.748.2600 10056 Dean Dr. Manassas, VA 20110 www.nvfs.org	Immigration services assist with DACA, U VISA. Consulting fees apply	Spanish, French
Tahirih Justice Center	571.282.6161 6400 Arlington Blvd, #400 Falls Church, VA 22042 571.282.6161 (Tues 10-2)	Legal services for female immigrants & refugees www.tahirih.org Email: greaterdc@tahirih.org	Spanish

Online Citizenship Classes: <https://www.viennapres.org/connect/adult-ministries/esol/>

LEGAL

Organization	Contact	Hours/Information
Court System	9311 Lee Ave, Manassas, VA 20110 www.courts.state.va.us General District Court- www.pwcgov.org/gdc Traffic/Criminal- 703.792.6141 Civil- 703.792.6029	Juvenile/Domestic- 703.792.6160 www.pwcgov.org/jdr Circuit Court- 703.792.6015 www.pwcgov.org/ccourt Prince William County, Manassas, and Manassas Park Court System
Child Support Enforcement	1.800.468.8894 703.530.7303 9705 Liberia Ave #301, Manassas, VA 20110	Mon– Fri, 7am-6pm Child Support Portal: https://mychildsupport.dss.virginia.gov/
HOGAR Immigrant Services	703.534.9805 6201 Leesburg Pike, #307, Falls Church, VA 22044 www.hogarimmigrantservices.org	Consulting fees apply
Legal Services of Northern Virginia	703.778.6800 9240 Center St, Manassas, VA 20110 https://lsnv.org	Non-profit law firm that provides free, civil legal services to low-income Northern VA residents. Mon-Fri 9:30am-12:30pm & 1:30pm-3:30pm By appt Walk-ins only Wednesday 9:30am-4pm
Victim Witness Protection	703.792.8220 9311 Lee Ave #200, Manassas, VA 20110 Email: victimwitness@pwcgov.org	Mon-Fri, 8am-5pm

MATERNITY

Organization	Contact	Hours/Information
Birthright	1.800.550.4900 4207 Dale Blvd, Woodbridge - 703.583.1178	Tue-Fri 10am-1pm Sat 10am – 12pm Closed Sun, Mon Free pregnancy testing, material aid.
Life First Pregnancy Resource	703.330.4572 9254 Center St Suite 200, Manassas, VA 20110 703.670.5322 13189 CenterPoint Wy, Woodbridge, VA 22191 https://lifefirstva.org/get-help/ info@lifefirstva.org	Manassas hours: Mon, Tue, Wed 10am-6pm, Thu 1pm-9pm Fri 10am-2pm Woodbridge hours: Mon, Wed, Thu 10am-6pm Tue 1pm-9pm Walk-in welcome upon availability, Appt preferred Free pregnancy testing, ultrasound, pregnancy resources, STD information, and relationship help.
Early Head Start/Healthy Families	571.784.2617 or 571.748.2793 10056 Dean Dr. Manassas, VA 20110 Email: enrolhs@nvfs.org www.nvfs.org	Support for low-income families with children ages 0-3. Home visits and referrals. Home-based program and center-based program for working families.
Mother of Mercy Free Clinic	703.335.2779 13900 Church Hill Drive, Woodbridge 9380 Forestwood Lane, Unit B, Manassas www.cdda.net/need-help/medical-and-counseling/free-medical-clinic	Free clinic (physical, sick visits, prenatal, referrals). Eligibility: income, residency (address) Manassas Clinic Hours, Mon - Thurs: 8am-4:30pm Woodbridge Clinic Hours, Mon – Thurs: 8am – 4:30pm Closed Friday - Sunday
Greater PW Health Center	703.680.7950 www.GPWHealthCenter.org Ridgewood Health Center: 4379 Ridgewood Center Dr, #102, Woodbridge Evergreen Health Center: 9705 Liberia Ave #201, Manassas Dumfries Health Center: 17739 Main St, Dumfries	Mon – Fri 8am – 5:30pm Prenatal care and OB-GYN care

Organization	Contact	Hours/Information
Health Depart (WIC)	4001 Prince William Pkwy. #101, Woodbridge 703.792.7300 9301 Lee Ave, Manassas – 703.792.6300 WIC – 703.792.7319	WIC office: Thur 9:30am – 6pm
Postpartum Support of Virginia	Online resource: https://postpartumva.org/	Hotline: 703.829.7152 540.698.1277 (Text, English) 757.550.4234 (Text, Spanish)
Saving Prince William's Littles	https://savingprincewilliamslittles.com/	Car Seats for families in need. Must attend one of the monthly car seat safety events where safety education is given to receive car seat. Referrals provided by FSW.

TRANSPORTATION

Organization	Contact	Hours/Information
DMV/Dep. of Motor Vehicles	1.804.497.7100 11270 Bulloch Dr, Manassas, VA 20110 2731 Caton Mill Rd, Woodbridge, VA 22192	Mon-Fri 8am-5pm Sat 8am-12pm
Omni Link Local Bus Service	703.730.OMNI (6664) Admin Office 703.583.7782 https://omniride.com	Local bus transportation for Prince William County Route hours 5:30am-10:30pm. Call for schedule.
OmniRide Commuter Bus Service	14700 Potomac Mills Rd, Woodbridge, VA 22192 https://omniride.com	Metro bus and commuter services - 530am-830pm

UTILITY ASSISTANCE

Organization	Contact	Hours/Information
ACTS Emergency Assistance Program	703.441.8606 3900 Acts Lane, PO Box 74, Dumfries, VA 22026 https://actspwc.org/emergency-assistance	Need proof of ID, address, income for verification. Financial help with utilities (Call to schedule an appointment)
Catholic Charities	703.841-3830 131 South West St, Alexandria, VA 22314 www.cdda.net	Utility assistance when funds are available. (Please send an email stating need: EA@cdda.net)
Salvation Army	703.580.8991 1483 Old Bridge Rd, #102, Woodbridge, VA https://southernusa.salvationarmy.org/nca/prince-william-service-center/	Mon-Thur- 10am - 4pm (Please call for appointment)
SERVE (NVFS)	571-748-2624 10056 Dean Dr, Manassas, VA 20110 www.nvfs.org	Mon-Fri 8:30am-5:30pm (please call for information and details of services)



Prince William County Preschool Programs

PO Box 389
Manassas, VA 20108
(703) 791-8708

email: PreKPrograms@pwcs.edu
www.pwcs.edu/preschool