

ADULT SERVICES TIMELINE

Transition within this document refers to options/guidelines starting at the age of 14 for students with a disability. This document is a framework for discussion, as every student's situation is different. Be sure to involve your family, school counselor, case manager, and Transition Specialist in your planning process.

*** The following Transition Resource provides links to helpful websites for training opportunities: ***

<https://pwcs.edu/cms/One.aspx?portalId=340225&pageId=5282301>

Ages 14-16

- ✓ Create a file for key documents such as a birth certificate, Social Security information, medical history, legal documents, psychological and educational documents.
- ✓ Consider having a will drawn up for parents
- ✓ Consider creating a special needs trust
- ✓ Explore eligibility for Medicaid Waivers (if you have an intellectual or developmental disability)
 - First, apply for Medicaid by contacting Prince William County Department of Social Services 703-792-7500
 - Then, explore your eligibility for the following Medicaid waivers:
 - EDCD-Elderly or Disabled with Consumer Direction (this waiver is used specifically for respite, personal care attendant, and adult day care). To determine eligibility, contact the Department of Health at 703-792-5880 or 703-792-6300.
 - Developmental Disability Waiver. To determine eligibility, contact the Prince William County Community Services Board at 703-792-7800 (for Manassas) or 703-792-4900 (for Woodbridge).
- ✓ Participate in IEP and transition planning
- ✓ Continue to develop advocacy skills: learn self-determination skills and practice them
- ✓ Explore vocational opportunities at your school- Community Based Instruction (CBI), Employ classes, Career and Technical Education (CTE), and specialty programs
- ✓ Explore career interests online through interest inventories, elective classes, camps, volunteer experiences
- ✓ Attend the Prince William County Schools' Annual Transition Fair
- ✓ Investigate leisure and recreational activities available, as well as summer activities

Ages 16-18

- ✓ Explore eligibility for Department of Aging Rehabilitative Services (DARS) if considering competitive employment by contacting your school's Transition Specialist. Each high school works directly with a DARS counselor. If found eligible for DARS services or to maintain contact with a DARS counselor, call 703-335-5550.
- ✓ Decide on power of attorney, guardianship, or other options (no earlier than 17 years 6 months). Contact an attorney for more information.
- ✓ When 18, apply for Social Security (SSI) for an adult student at www.ssa.gov. (NOTE: It will be necessary to take the student to appointment with Social Security).
- ✓ After obtaining SSI, apply for Medicaid if not already applied for.
- ✓ Obtain Virginia identification card at the Virginia Department of Motor Vehicles.
- ✓ When 18, contact Prince William County Social Services at 703-792-7500 and apply for housing, food stamps, and other financial assistance as appropriate.
- ✓ Contact the Prince William Housing Authority at 703-792-7530 for low income housing options.
- ✓ Maintain contact with the Community Services Board support coordinator or CSB supervisor, providing updates on any changes in individual support needs and capacity for family to provide support.
- ✓ Continue to actively participate in IEP and transition plan development with the IEP team.
- ✓ If not done in prior years, contact the Department of Aging and Rehabilitative Services (DARS) and/or the Community Services Board or other adult services agency to determine eligibility for services.
- ✓ Continue to develop career interests through internships, volunteer experiences, camps, etc.
- ✓ Continue to develop independent living skills such as chores at home, shopping planning, meal preparation, making purchases in stores, etc.
- ✓ Attend the Prince William County Schools' Annual Transition Fair

Ages 18-22

- ✓ Register to vote.
- ✓ Register for Selective Service, if male.
- ✓ Explore eligibility for Department of Aging Rehabilitative Services (DARS) if considering competitive employment by contacting your school's Transition Specialist. Each high school works directly with a DARS counselor. If found eligible for DARS services or to maintain contact with a DARS counselor, call 703-335-5550.

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- ✓ Continue to develop independent living skills such as chores at home, shopping planning, meal preparation, making purchases in stores, etc.
- ✓ Attend the Prince William County Schools' Annual Transition Fair.

Some information in this guide has been modified from the ARC of Northern Virginia Website at www.arcofnova.org