

Table 1 Occupational Therapy Activities BOARD 3

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Positioning	Bubble Games
If possible, move your student out of chairs and work in various positions, when safe, to include prone on elbows or side lying with a wedge or pillows, circle sit, and quadruped if possible.	<ul style="list-style-type: none">• Break the bubble by clapping hands together• “Catch” the bubble in a cup• “Stomp” the bubble with a foot• Poke the bubble with a finger

*All of these activities might not apply to your child, choose the ones that you like. If you feel that none of the activities are appropriate for your child, please contact your Occupational Therapist.