

Table 1 Occupational Therapy Activities BOARD 8

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Vocational Tasks	Reaching Tasks
Assist with chores around the house. Help hang up items in the closet, sort and fold socks, sort silverware or sort a toy by a specific color (ex. blocks). The student may need assistance by modeling the behavior and giving simple one-step directions. If a student is sorting an item, make sure to leave one example in each category.	Continue to encourage good posture and control with combined reach by participating in activities that require student to reach out in order to select, point, place, grasp, or release in order to complete a task. If unable to participate in reaching task, encourage child to rotate head, maintain positioning as appropriate to visually attend to an object. Ex. Visually attending to game on Ipad, drag and selecting of items on Ipad app, reaching up to stack cups, etc.

*All of these activities might not apply to your child, choose the ones that you like. If you feel that none of the activities are appropriate for your child, please contact your Occupational Therapist.