

Figure 1 Occupational Therapy Early Learning Week 4

Early Learning Week 4

Fine Motor	Visual Motor	Sensory motor	Activity of Daily Living/Chores
<p>Play Board Games or other Games at home</p> <ul style="list-style-type: none"> • Use pinching fingers to manipulate pawn • Flick the spinner • Work on rolling dice • Flip cards to play war or sort cards 	<p>Coloring with broken crayon</p> <ul style="list-style-type: none"> • Work to stay in designated area • Consider taping paper to the wall or use an easel if you have one • Try tracing the outside of a larger picture 	<p>Painting with Water</p> <ul style="list-style-type: none"> • Paint on the house/driveway/car/sidewalk with water using a clean paint brush, sponge, cotton ball or q-tip 	<p>Snack Time</p> <ul style="list-style-type: none"> • Place snacks in an empty egg carton cup to encourage the use of both hands (holding the cup in one hand as they eat) • Have your child help with scooping, pouring, stirring and spreading activities during meal preparation