



Family Life Education Opt-Out Form

Kindergarten

If you wish to opt your student out of all or some of the kindergarten Family Life Education lessons, please complete this form and return it to your student's classroom teacher prior to FLE instruction.

This form does not need to be completed or returned if you want your child to participate in FLE lessons.

Lessons and media are available for parent review at their student's school or in the Parent FLE Course in Canvas. Additional information can be found in the [Family Life Education](http://www.pwcs.edu/fle) section of the PWCS website (www.pwcs.edu/fle).

Directions: Please mark the lesson(s) you **do not** want your student to participate in.

_____ Lesson 1: Body Safety

The student will realize that physical affection can be an expression of friendship, of celebration, or of a loving family.

It is important for the student to understand that appropriate expressions of affection are healthy for the individual, the family, and the community. The student will begin to understand the differences between appropriate and inappropriate expressions of affection.

The student will recognize the elements of good (positive or healthy) and bad (negative or unhealthy) touches by others.

Elements of good touches by others are identified as follows: (1) touching that can be done in front of anyone; (2) touching that is not a secret; (3) touching that makes the child feel good and not uncomfortable; (4) touching that is done to provide cleaning or medical care for the child; and (5) touching that is an expression of affection by a family member. Bad touches by others include the following: (1) touching on private parts of the body; (2) touching to be kept secret; and (3) touching that could produce bad feelings.

The student will demonstrate how to say "no" to inappropriate approaches from family members, neighbors, strangers, and others.

This involves learning how to say "no" in a loud voice while standing up and looking directly at the person. It is important for children to know that they should tell or report such happenings to a trusted adult such as a parent, teacher, minister, grandparent, or guardian. In addition, they should understand the need to continue telling about inappropriate approaches until someone listens and responds.

Student Name: _____

Teacher: _____

Parent / Guardian Signature: _____

Date: _____