

COMMUNITY RESOURCE GUIDE



Notes

Family Service Worker: _____

Email: _____

Cell: _____

Office: _____

Important Phone Numbers

EMERGENCY TELEPHONE NUMBERS

Prince William County

Emergency.....911
Non-Emergency:703-792-6500
Fire703.792.6800
Police Patrol-Central District Station703.792.8555
Police Patrol-Eastern District Station703.792.7200
Police Patrol-Western District Station703.792.5111
Social Services703.792.7500
Public Information703.792.5123
Web Site www.pwcva.gov

Child Abuse and Neglect Hotline: 1.800.552.7096
SAVAS (Sexual Assault Victim's Advocacy Service): 703.497.1192
Poison Control: 1.202.625.3333 or 1.800.222.1222

PRINCE WILLIAM COUNTY INFORMATION LINE: 703.792.5123
VIRGINIA INFORMATION LINE: 211
www.211virginia.org

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ALCOHOL AND DRUG TREATMENT

| Organization | Contact | Hours/Information |
|---|---|---|
| Alcoholics Anonymous | 703.293.9753 www.AAVirginia.org OR www.nvintergroup.org 10400 Eaton Place, Suite 106, Fairfax, VA 22030 | Hours Vary Group meetings, confidential. Groups are available for anyone who wants to stop drinking. Help available 24/7 |
| Community Services | Sudley North: 703.792.7800 7969 Ashton Ave., Manassas, VA 20109 Ferlazzo: 703.792.7500 15941 Donald Curtis Dr #200, Woodbridge, 22191 | Mon-Thurs 8am-8pm; Fri 8am-5pm Email: csb@pwcsgov.org Case management and counseling support. |
| New Horizons, School Based Services | 703.792.4900 15941 Donald Curtis Dr, # 200 Woodbridge, VA 22191 www.pwcgov.org (youth services) 703.792.5241 7969 Ashton Ave, Manassas, VA 20109 | Hours Vary Provides school based and homebased counseling. |
| UVA Health | 8680 Hospital Way, Manassas, VA 20110 In-Patient- 703.369.8465 Intensive Out Patient- 703.369.8404 www.Uvahealth.com | Mon-Fri 7am-1pm Evaluation and treatment services, in-patient and out-patient. |
| Methadone Treatment Center | 703.330.7517 8427 Dorsey Circle, Suite 101, Manassas, VA 20110 Intake: 800.440.6310 www.methadonetreatmentcenters.com | Hours Vary Private and comprehensive methadone maintenance and detoxification. Covered by some insurance. Individual and group counseling. |
| Virginia Center for Addiction Medicine | 804.315.3135 www.mastercenter.com 4212 Park Place Court, Glen Allen VA 23060 | Mon-Fri 8:30am-5pm Evaluation, treatment, counseling, coaching and family programs. Offers self-pay for uninsured. Payment plans available |
| Washington Behavioral Health | 703.492.2924 1954 Opitz Blvd, Suite 007, Woodbridge, VA 22191 (Location 1) 703-492-5584 1948 Opitz Blvd, Woodbridge, VA 22191 (Location 2) For appointments and inquiries, you may contact. admin@wbh-va.com www.washingtonbehavioralhealth.com | Location 1: Mon-Thurs. 9am-5pm Fri. 8am-1pm Location 2: Mon. 12pm-4pm Tues.-Weds. 9am-4:30pm Thurs. 9am-5:30pm Fri. Closed Treatment for dual diagnoses and co-occurring disorders. |

Addiction Recovery: <https://www.recovery.org/>

Addiction Center: <https://www.addictioncenter.com/>

National Helpline: <https://www.samhsa.gov/find-help/national-helpline> (1-800-662-4357)

National Institute on Drug Abuse: <https://www.drugabuse.gov/parents-educators>

<https://easyread.drugabuse.gov/content/drugs-people-abuse>

Partnership for Drug-Free Kids: <https://drugfree.org/>

Substance Abuse and Mental Health Services: <https://www.samhsa.gov/find-help>

CHILD ABUSE OR DOMESTIC VIOLENCE

| Organization | Contact | Hours/Information |
|---------------------------------------|--|---|
| ACTS Domestic Violence Program | 703.441.8606 ext. 226 24 hr. hotline 703.221.4951 http://actspwc.org Main Location-3900 Acts Ln, Dumfries 22026 PO Box 74, Dumfries, VA 22026 | Mon– Fri 9am-5pm Adult Hispanic services, case management, community referrals and individual and/or group DV support sessions by phone, zoom or in person. Group in-person meets Tuesdays 530pm-7pm. Prior registration and admission Services available in all languages |
| ACTS, Sexual Assault Services | 703.368.4141 (hotline) 703.497.1192 (appointments, groups) PO Box 4783, Woodbridge, VA 22194 | 24 Hours crisis hotline Appts Mon-Fri 9am-5pm Referrals and information and support for victims of sexual assault, their family and friends. Defense courses. |
| SCAN, Stop Child Abuse Now | 703.820.9001 100N Pitt St Suite 405 Alexandria VA 22314 www.scanva.org | Mon-Fri 9am-5pm ABC Parenting class, Educational Support Groups, Parent Resource Center. Registration required for classes. |

Parenting Resources:

Calvary Counseling Parent Classes: <https://calvarycounseling.com/services/parent-education-class.html>
 Parent Toolkit Online Resource: <https://www.today.com/parenting-guides>
 Parenting Success Network: www.parentingsuccessnetwork.org/community-resources/online-parenting-resources/
 SCAN Anger Management Resource: www.scanva.org/support-for-parents/parent-resource-center-2/anger-management/
 SCAN Child Sexual Abuse Resource: <https://scanfamilies.org/resource/inappropriate-touching/>
 SCAN Parent Resources: www.scanva.org/support-for-parents/parent-resource-center-2/
 Virginia Cooperative Extension: www.pwcva.gov/vce
 Community Education: <https://casadelosninos.org/programs-and-resources/parenting-classes-in-english-and-spanish/>

Child Supervision Guidelines

| Age | Time Limit |
|--------------------|---|
| 0-8 years | May not be left unsupervised |
| 9-10 years | No more than 1.5 hours alone |
| 11-12 years | No more than 3 hours alone |
| 13-15 years | May be left alone all day |
| 16-17 years | May be left alone all night or over the weekend |

Babysitting Guidelines

| Age | Time Limit |
|--------------------|---|
| 13 years | May babysit children for up to 4 hours |
| 14-15 years | May babysit over 4 hours/ not overnight/ not weekends |
| 16-17 years | May babysit children overnight or over weekend |

Report Child Abuse Prince William County

703.792.4200 - Business Hours Mon-Fri 8am-4pm
1.800.522.7096- 24 Hour Hotline

CHILDCARE RESOURCES

| Organization | Contact | Hours/Information |
|---------------------------------------|---|---|
| Childcare Search | www.childcareva.com OR http://va.childcareaware.org | 804.285.0846 Search to find childcare providers by zip code or city |
| Foundation First (Greater PW) | 571-287-7600 #3 2500 Hunter Place, Ste 201 Woodbridge, VA 22192 www.foundationfirstva.org | Provides childcare and early childhood education information and referrals to parents of children ages birth to five. info@foundationfirstva.org |
| Planning Council | 757.622.9268 2551 Eltham Ave., Suite 1, Norfolk, VA 23513 www.theplanningcouncil.org | Mon-Fri 9am-5pm Training and information for childcare providers. |
| Social Services Prince William | 703.792.7500 Dr. A.J. Ferlazzo Building 15941 Donald Curtis Drive, Suite 180 Woodbridge, VA 22191 www.pwcva.gov/departments/social-services | Mon- Fri 8am- 5pm The agency provides County residents with public assistance (SNAP, TANF, Childcare Assistance, Child Protective Services, and Adult Protective Services) |

Choosing a childcare provider: <https://childcare.gov/consumer-education/selecting-a-child-care-program-visiting-and-asking-questions>

Safety: scanfamilies.org/resource/monitoring-your-child/

CLOTHING

| Organization | Contact | Hours/Information |
|--|---|---|
| Acts Thrift Store | 703.221.3298 3661 Canal Rd, Dumfries, VA 22026 | Mon- Wed 930am-530pm Fri 930am-530pm & Sat 12-8pm Closed Thursday Referrals from ACTS for clothing. |
| B-Thrifty | 703.496-5100 13412 Jefferson Davis Hwy Woodbridge 22191 https://b-thrifty.com/Woodbridge-VA/ | Mon-Sat 10am-9pm Sun 11am-7pm Free clothes for children every 6 months |
| Catholic Charities | 703.548.4227 131 South West St, Alexandria, VA 22314 Emergency Assistance Intake: https://www.cdda.net/ | Wednesday & Thursday-9am-1pm Food, clothing, and utility assistance. Email EA-CH@cdda.net |
| House of Mercy | 703.659.1636 8170 Flannery Ct, Manassas, VA 20109 www.houseofmercyva.org | Thrift Store: Mon – Sat, 10am-8pm Food Pantry: Mon – Fri, 10am-4pm |
| Salvation Army | 703.580.8991 1483 Old Bridge Rd #102, Woodbridge https://salvationarmynca.org/princewilliam/ | Mon-Thurs 10am-4pm & Fri. 10am-2pm Back to school supplies, Christmas assistance. |
| SERVE (Northern VA Family Services) | 571.748.2680 10056 Dean Dr, Manassas, VA 20110 www.nvfs.org | Thrift store, referrals from SERVE. |
| Women Giving Back | 703.554.9386 20 Export Dr, Sterling, VA 20164 https://womengivingback.org | Referrals accepted from PWCS PK program and other agencies for clothing and school supplies. Contact your Family Service Worker for a referral. |

COMMUNITY SERVICES

| Organization | Contact | Hours/Information |
|---|---|---|
| ACTS Information and Referral | 703.368.4141 PO Box 74, Dumfries, VA 22026 | 24 Hours Information and community referrals. |
| Court System | 9311 Lee Ave, Manassas, VA 20110 General District Court Traffic/Criminal- 703.792.6141 Civil/ Civil- 703.792.6149 www.courts.state.va.us | Juvenile/Domestic- 703.792.6160 Circuit Court- 703.792.6015 Mon-Fri 8am-4pm |
| Fire & Rescue | 877.875.7921 1 County Complex Ct.#200 Woodbridge, VA 22192 | Fire safety, information on obtaining a smoke detector. |
| Library System | www.pwcva.gov/department/library <u>Bull Run Library-</u> 703.792.4500 8051 Ashton Ave, Manassas, VA 20109 <u>Chinn Park Library-</u> 703.792.4800 13065 Chinn Park Dr, Woodbridge, VA 22192 <u>Central Library-</u> 703.792.8360 8601 Mathis Ave, Manassas, VA 20110 <u>Potomac Library-</u> 703.792.8330 2201 Opitz Blvd, Woodbridge, VA 22191 <u>Montclair Library-</u> 703.792.8740 5049 Waterway Dr, Dumfries, VA | Hours Vary Books, magazines, DVDs, puzzles, Ebooks, online references, and bi-lingual books. Sign up for a library card and check out materials. Computer and internet access. |
| Park Authority | 703.792.7060 14420 Bristow Rd, Manassas, VA 20112 | Hours vary Recreational facilities and classes. |
| Police Department (Prince William) | Garfield Station - 703.792.7229 15948 Donald Curtis Dr, Woodbridge 22191 Western Station - 703.792.5111 8900 Freedom Center Blvd, Manassas 20110 | Non-Emergency – 703.792.6500 Narcotics Tip Line – 703.686.6522 Juvenile Issues – 703.792.7229 Police Records – 703.792.6562 Animal Control – 703.792.6500- 24 hours Animal Shelter – 703.792.6465 |
| Social Security Administration | 1.800.772.1213 9500 Center St, Manassas, VA 20110 www.socialsecurity.gov | Mon-Fri, 9am-4pm Appointments Preferred |
| Social Services Prince William | Ferlazzo - 703.792.7500 15941 Donald Curtis Dr, #180, Woodbridge, VA 22191 https://www.pwcva.gov/department/social-services | Mon- Fri 8am- 5pm Apply for Medicaid, SNAP food assistance program, daycare assistance, fuel assistance. |
| VA Cooperative Extension | 703.792.6289 8033 Ashton Ave, Suite 105, Manassas, VA 20109 Financial Counseling- 703.792.6287 Nutrition- 703.792.4371 Parenting- 703.792.6288 www.pwcgov.org/vce | Mon-Fri, 8am-5pm 4H Youth Program- 703.792.6286 Agriculture, Water Quality- 703.792.6285 |
| Voter Registration | 703.792.6470 Main Office- 9250 Lee Ave, Suite 1, Manassas Manassas Office- 9025 Center St, Manassas Woodbridge Office- 2731 Caton Hill Rd, Woodbridge www.pwcvotes.org | Main office-830am-5pm |

COUNSELING AND GUIDANCE

| Organization | Contact | Services |
|--|--|--|
| All Saints Counseling | 540.371.1124 Spanish 703.687.8987 | Mon – Thu , 8am-2pm. Fri 8am-2pm Spanish Counseling provided on a sliding scale fee; no Medicaid accepted. |
| Catholic Charities Family Services | 703.841.2531 703.859.3147 (Intake Line) 14160 Ferndale Rd, Woodbridge, VA 22193 | Mon-Fri , 9am-5pm Provides counseling for families, individuals, couples |
| Child and Family Counseling Center | 703.670.8161 13649 Office Pl, Ste 102, Woodbridge, 22192 www.cfcc.info | Mon-Thurs , 8am-12pm and 1pm-430pm, until 4pm Friday Counseling provided for families and children (ages 5 and up). |
| (CR2) Children's Regional Crisis Response | 1.844.627.4747 or 571.778.4209 Patricia Contreras 703.527.4077 www.CR2crisis.com www.nationalcounselinggroup.com | 24Hr rapid response Serving PWC, Manassas, MP youth (17 & younger) facing mental health or substance abuse crisis. Intervention, crisis, case management, assessments, safety planning. Part of National Counseling Group. |
| Community Services (Behavioral Services) | Sudley North – 703.792.7800 7969 Ashton Ave, Manassas Ferlazzo- 703.792.6000 15941 Donald Curtis Dr, Ste 200, Woodbridge www.pwcva.gov/departments/community-services | Hours Vary Counseling is provided for adults, families, and children. Accepts Medicaid and those with no insurance. |
| Dominion Youth Services | 4600 Duke St., #413 Alexandria VA 22304 571.970.1297 855.444.9838 https://dominion.care/ | Hours Vary Counseling provides in-home services. |
| Greater Prince William Community Health Center | 703.680.7950 GPW Center: 3350 Commission Ct Woodbridge, VA 22192 Evergreen Health Center; 9705 Liberia Ave #201, Manassas Dumfries Health Center: 17739 Main St, Dumfries https://www.gpwhealthcenter.org/ | Monday to Thursday 7am – 7pm Closed Friday to Sunday Counseling for adults, families, and children. Accepts Medicaid, insurance, and sliding scale. |
| National HOPELINE | 1-800-SUICIDE 1.800.784.2433 or 1.800.442.4673 | 24-hour crisis intervention and suicide prevention hotline |
| Prince William Family Counseling | Manassas - 703.330.9933 8140 Ashton Ave, #200, Manassas Woodbridge - 703.497.1771 12721 Darby Brook Ct, #102, Woodbridge. Gainesville - 571.248.9933 7001 Heritage Village Plaza, #240, Gainesville. www.pwfc.com | Hours Vary Life skills training, Intensive In-Home, and Counseling provided for families and children. Accepts Medicaid |
| VA Home Based Counseling | 8140 Asthon Ave #200, Manassas 703.368.8454 http://chooseyourprovider.org | In home counseling, mentoring for children, ages 4-18yrs. Services are provided 24 hours. For children who are at risk of being removed from home, difficult family situations). Accepts Medicaid. Self-pay \$45hr - \$60 hr. |
| Youth for Tomorrow | 703.659.9900 or 703.368.7995 11835 Hazel circle Drive Bristow, VA | Counseling, crisis intervention, in-home counseling for youth and families. Available at some area schools. Accept insurances and Medicaid. |

DISABILITIES AND SPECIAL NEEDS

| Organization | Contact | Hours/Information |
|---|--|---|
| ARC of Greater Prince William | 703.670.4800 13505 Hillendale Dr, Woodbridge, VA 22193 https://arcgppw.org/ | Hours Vary Developmental care for children and teens with disabilities. Residential and vocational programs for adults with disabilities. Family support and education. |
| Child Find (Prince William Co Schools) | 703.791.8857 13225 Canova Dr Manassas VA, 20112 www.pwcs.edu/academics_programs/special_education/child_find | Mon-Fri, 8am-4pm Free developmental screenings for preschool ages (2-5years). |
| PWC Infant Toddler Connections | 703.792.7879 7987 Ashton Ave, Suite 231, Manassas, VA 20109 https://www.pwcva.gov/department/community-services/infant-toddler-services | Developmental screenings and follow-up (birth – 3yrs). Parent-Infant Education program. |
| Parent Resource Center | 703.791.8846 Kelly Leadership Building 14715 Bristow Rd, #1200, Manassas, VA 20112 https://www.pwcs.edu/academics_programs/special_education/parent_resource_center | Mon-Fri 8am-430pm (Appt preferred) Provides support, training, and information to parents of children with special needs. |
| Social Skills Center | 571.285.1403 ext. 1 13885 Hedgewood Dr #233, Woodbridge, VA 22193 https://socialskillscenter.com/ | Hours Vary Socialization skill groups (communication, anger management) for children and adults. Groups for children with Asperger's and Autism. |

EDUCATION

| Organization | Contact | Hours/Information |
|---|--|---|
| Adult Education (GED & ESOL) | 703.791.7357 14800 Joplin Rd, Bldg 4, Manassas, VA 20112 http://adulsted.pwcs.edu | Hours Vary Basic reading, math, and writing skills. English classes and GED classes. |
| B.E.A.C.O.N. | 703.368.7491 9535 Linton Hall Rd, Bristow, VA 20136 Classes in Manassas and Woodbridge https://beaconliteracy.org | Hours Vary ESOL, citizenship, financial literacy, tutoring. Day and evening classes. Cost \$55-65 |
| ESLIM- ESOL | 703.841.0292 9750 Wellington Rd, Manassas https://www.eslim.org/students Classes at Grace United Methodist Church | ESOL- Cost \$40 |
| ECHO center USA | 517.936.9625 9253 Corporate Circle, Manassas, VA 20110 www.echocenterusa.love | Free English classes, computer classes, and resume-career support. |
| HOGAR Immigrant Services | 571.208.1572 8251 Shoppers Sq, Manassas (Education Office) www.hogarimmigrantservices.org | Hours Vary ESOL and Citizenship Cost \$50-\$125 |
| House of Mercy | 703.659.1636 8170 Flannery Ct, Manassas, VA 20109 www.houseofmercyva.org | Mon- Fri 10am-4pm Free education classes and referrals. (ESOL, money management, life skills) |
| Lake Ridge Baptist Church (ESOL) | 703.494.8413 12450 Clipper Dr, Woodbridge, VA 22192 | ESOL (Tues & Thurs) Cost \$30 |

| Organization | Contact | Hours/Information |
|--|--|---|
| Literacy Volunteers | 703.670.5702 2235-C Tacketts Mill Dr Woodbridge VA 22192 www.lvapw.org | Mon-Fri 9am-4pm; Friday-Appointment only Free tutoring for reading and writing, ESOL. Classes offered in-person & online. |
| Manassas Baptist Church (ESOL) | 703.361.2146 8730 Sudley Rd, Manassas, VA 20110 | Hours Vary ESOL tutoring |
| McLean Bible Church (ESOL) | 703.639.2000 10002 Battlefield Parkway, Manassas, VA 20109 | Tuesday 930am-1130am & Wednesday 7pm-830pm ESOL- Book Cost \$30/per year |
| National External Diploma Program | 703.791.7357 14800 Joplin Rd, Building 4, Manassas, VA 20112 | Hours Vary. Courses to obtain a high school diploma Cost \$800- PWC residents/ \$1000 out of county |
| Northern Virginia Community College | www.nvcc.edu 10950 Campus Dr 703.323.3000 Manassas: 6901 Sudley Rd, 703.257.6620 Woodbridge: 15200 Neabsco Mills Rd, 703.878.5760 | Adult Pathways Program- 703.425.5245 Earn While You Learn Program- 703.884.1116 NOVA ESL- 703.323.3000 https://www.nvcc.edu/financialaid/ |
| SSI Career Resource Center | 571.762.2327 1 Park Place, Manassas Park, VA 20111 (stone house at Costello Park) www.ssihq.net | Computer based skills. Please call for appointment. |
| VA Career Works | 703.586.6800 – Woodbridge 13370 Minnieville Rd, Woodbridge, VA 22192 https://vcwnorthern.com 703.530.3073 – Manassas 10500 Battlevue Pkwy, Battlevue Technology Center, Manassas, VA 20109 | Woodbridge: Mon, Tue, Thu 9am-430pm Manassas: Wed 830am-5pm & Fri 8am-1pm Financial classes and workforce programs. |
| We are CASA | 571.421.2211 2359 Research Ct. Woodbridge, VA 22192 https://wearecasa.org/programs-in-virginia/ | ESOL classes, Driver's Privilege card, Citizenship classes, Financial education, Legal services |

Online Classes: <https://www.viennapres.org/connect/adult-ministries/esol/>

EMERGENCY/DISASTER

| Organization | Contact | Hours/Information |
|--|---|--|
| ACTS Family Assistance Program | 703.221.3186 or 703.441.8606 3900 Acts Lane, PO Box 74, Dumfries, VA 22026 www.Actspwc.org | Monday-Friday 9am-5pm ea@actspwcs.org |
| American Red Cross | 703.584.8400 8550 Arlington Blvd, Fairfax, VA 22031 | https://www.redcross.org/ |
| Salvation Army | 703.580.8991 1483 Old Bridge Rd #102, Woodbridge | Mon-Fri, 9am-4pm Sunday 10am-2pm |
| SERVE | 571.748.2500 10056 Dean Dr., Manassas, VA 20110 www.nvfs.org/rent-and-mortgage-relief/ | For Rent and Mortgage Relief call 703-962-1884 |
| Social Services Department (Prince William) | Prince William County Sudley North Bldg-703.792.7500 7987 Ashton Ave, Manassas, VA 20109 Ferlazzo Bldg.- 703.792.6000 15941 Donald Curtis Dr, #180 Woodbridge, VA 22191 | Mon- Fri 8am- 4pm Apply for Medicaid, SNAP food assistance program, daycare assistance, fuel assistance. |

Emergency Plans: www.ready.gov/plan Spanish: www.ready.gov/es/haga-un-plan

Emergency Plans: www.redcross.org/get-help/how-to-prepare-for-emergencies/make-a-plan.html

Plan de Preparación Familiar: www.ilrc.org/plan-de-preparacion-familiar

EMPLOYMENT

| Organization | Contact | Hours/Information |
|--|--|---|
| Employment Commission Job Service | 703.897.0407 13370 Minnieville Rd, Woodbridge, VA 22192 www.vaemploy.com | Mon-Fri 9am-4:15pm (closed for lunch 12pm-12:30pm) Appointments preferred. |
| Northern Virginia Community College | Earn While You Learn- www.yearup.org/apply Workforce Development- 703.503.6300 Adult Career Pathways- 703.425.5245 800.367.5690 | Hours Vary |
| VA Career Works | https://vcwnorthern.com 703.586.6800 – Woodbridge 13370 Minnieville Rd, Woodbridge, VA 22192 703.530.3073 – Manassas 10500 Battleview Pkwy, Manassas, VA 20109 | Woodbridge- Mon-Fri 9am-4:30pm Manassas- Wed 9:30am-5pm & Fri 830am-1pm Financial classes and workforce programs. |

Job Fair Search: www.vec.virginia.gov/find-a-job/job-fairs

Manassas Park Government Employment: https://www.manassasparkva.gov/departments/human_resources/

Manassas Park School Employment:

www.mpark.net/departments/human-resources/employment-opportunities

Prince William County Government Employment: www.governmentjobs.com/careers/pwcgov

Prince William County Schools Employment:

www.pwcs.edu/departments/departments_of_human_resources/employment_opportunities

FOOD

| Organization | Contact | Info/Requirements | Hours |
|--|--|--|--|
| ACTS | 703-441-8606 703.221.3186 3901 ACTS Ln Dumfries, VA 22026 www.actspwc.org | Picture ID, Lease/utility, current address, proof of income. Birth Certificate/SS# for children. Meet with an ACTS Case Worker prior to receiving food. <i>**first come, first serve, 22026 zip code**</i> | Monday 9-11:30am, 1-3pm; Tuesday 1-330pm 5-7pm Wednesday closed. Thursday 9-1130, 1-3pm Friday 9-1130am |
| Chapel Springs Church | 703.368.2895 11500 New Life Way Bristow, VA 20136 | Photo ID required | Wednesday, 12- 3pm |
| Christ Chapel | 703.670.8481 13909 Smoketown Road Woodbridge, VA 22192 www.christchapel.org | Please call ahead of time and set up a pickup time before coming to the church. BY APPOINTMENT ONLY | Mon-Fri 9-5 Sunday , by appointment. Requests taken. |
| Church of Christ (Dale City) | 703.590.1790 13130 Hillendale Dr. Dale City, VA 22193 | All are welcome | 2 nd & 4 th Monday 3-5pm |
| Dar Alnoor Islamic Community Center | 703.580.0808 5404 Hoadly Rd, Manassas, VA 20112 www.daralnoor.org | Food assistance Email: social-welfare@daralnoor.org | 3rd Sunday of the month 10am-11am |
| Dumfries United Methodist Church | 703.221.2880 3890 Cameron Street Dumfries, VA 22026 www.dumfriesumc.org | Clothes and Food Pantry Must register and bring ID | Mondays 5pm-6pm |
| First AME Church of Manassas | 703.361.8791 10313 South Grant Ave Manassas, VA 20110 | Residents of Manassas, Manassas Park, & PWC. Please call on Friday before to reserve a spot, ID required. | Food pantry Saturdays 10am to 1pm. Sunday 10am-2pm, appointment required |
| Grace Life Community Church | 571.229.1700 9560 Linton Hall Rd. Bristow, VA | All are welcome | Tuesday 11am-12pm |
| Holy Family Catholic Church | 703.670.8161 14160 Ferndale Rd. Dale City, VA 22193 holyfamilycatholicchurchdalecity.org/ministry/food-pantry | Food assistance, by appointment , Woodbridge residents only | Monday & Wednesday 5:30pm-6:30pm |
| Hope Aglow Empowerment Center | 703.490.4673 13550 Richmond Highway, Woodbridge, VA 22191 | Food assistance (by appt) Call for updates | Tues- Fri 10:30am-5pm Saturday Closed Sunday 10am – 1pm |
| House of Mercy | 703.659.1636 8154 Flannery Ct, Manassas, VA 20109 www.houseofmercyva.org | SHARE food program and food pantry Adults + children each need proof of ID & proof of address. (By Appt) | Mon- Fri 10am – 4pm Assistance Bi-Weekly |
| Manassas Baptist Church | 703.361.2146 8730 Sudley Road, Rm 46, Manassas, VA 20110 www.werchurch.com | Food or Clothes for Manassas, Manassas Park, & PWC residents. First Come- First Served. Enter by the Cornerstone Ministries Entrance. No ID required. 2x per month. | Wednesday 6pm-7:30pm |
| Manassas St. Thomas UMC | 703.368.5161 8899 Sudley Rd Manassas, VA 20109 www.stthomasumc.org | For Manassas, Manassas Park, & PWC residents- must provide ID and proof of residence. Assistance once per month. | Saturday 9-11am Wed 5-7pm *Clothes give away is the 3rd/4th Saturday of the month |

| Organization | Contact | Info/Requirements | Hours |
|---|--|---|---|
| Our Lady of Angels | 703.494.2444 13752 Mary's Way, Woodbridge, VA 22191 | Food gift cards. Serving zip codes 22191, 22192, 22193, 22195, 22079, & 22125. Requires picture ID | Assistance Bi-weekly Sat 10am-12pm |
| St. Francis House | 703.221.4044 18825 Fuller Heights Road Triangle, VA 22172 www.stfrncis.org/st-francis-house/ | Provides food and financial assistance. Must register first with photo ID, utility bill. Serving Dumfries, Triangle, Quantico. | Thurs 9:30am-1pm |
| Sacred Heart Catholic Church | 703.590.0030 12975 Purcell Rd, Manassas, VA | Must provide ID and bill with address. Food will be given out on a first come first serve basis. | Saturday, 8am – 10 am Drive Through |
| SERVE-, Northern Virginia Family Service | 571.748.2600 10056 Dean Dr. Manassas, VA 20110 www.nvfs.org | Serving Western PWC & Manassas Park. Food pantry, emergency assistance. Photo ID and proof of residency required (utility bills or lease agreement). Each child needs to present Birth Certificate and Social Security card or Passport. | *BY APPT ONLY |
| Tabernacle Baptist Church | 703.368.8610 8275 Barrett Drive Manassas, VA 20109 | Food pantry to residents of Manassas, Manassas Park, & PWC. Family must attend services prior to assistance. Call for an appointment. | Wed 7pm Sun 10am or 6pm. |
| The Lord's Pantry (St. Paul UMC) | 703.494.2445 1400 G Street (Lower Level) Woodbridge, VA 22191 www.stpaul-umc.org/pantry | Must live in 22191, 22192, 22193 zip code *bring identification | 1st Sat. 8-10:30am 3rd Thurs. 3-5:30pm Clothes closet offered |
| Triangle Baptist Church | 703.221.7191 4345 Inn Street Triangle, VA 22192 | Dumfries, Triangle, Quantico area, must provide ID/address. Once per month. First come, first served. | Tues. 11am-12pm |
| The Streetlight | 703.491.2288 (#2) 1550 Prince William Parkway Woodbridge, VA https://thestreetlight.org | Food and financial assistance. Dinner offered on Wednesdays | Tue & Thu 930-1130am Wed dinner 630pm |

Online Search: www.mhhoministries.org/resources

Online Search: www.211virginia.org

Online Search: www.findhelp.org/food/food-pantry--woodbridge-va

FURNITURE

| Organization | Contact | Hours/Information |
|--|---|---|
| ACTS Thrift Store | 703.221.3298 17690 Main Street, Dumfries, VA 22026 | Mon-Wed 930a-530pm & Fri-Sat 12am-8pm, |
| B-Thrifty | 703.586.5261, 703.496.5100 or 703.986.8729 13412 Jefferson Davis Hwy, Woodbridge, VA 22191 https://b-thrifty.com/Woodbridge-VA/ | Furniture assistance for families who have experienced homelessness |
| Salvation Army | 703.490.2396 13287 Gordon Blvd, Woodbridge, VA 22192 | Mon-Sat 10am-6pm |
| SERVE (Northern VA Family Services) | 571.748.2600 10056 Dean Dr, Manassas, VA 20110 | Hours Vary Thrift Store: 10043 Nokesville Rd, Manassas, VA 20110 |

HEALTH

| Organization | Contact | Hours/Information |
|------------------------------|---|--|
| American Cancer Society | 800.227.2345 https://www.cancer.org/ | Mon-Fri, 8am-5pm Information on prevention, treatment, causes of cancer, and services for patients and families. |
| American Cancer Society | Coronavirus, Covid-19, and Cancer Center https://www.cancer.org/about-us/what-we-do/coronavirus-covid-19-and-cancer.html | Browse our online resources, contact us via live chat, call 24-hr helpline at 800-227-2345 , or schedule a video chat 877.622.7937 MD 888.793.9355 DC |
| American Red Cross | 8550 Arlington Blvd, Fairfax, VA 22031 Call to schedule a class 703.584.8400 www.redcross.org | CPR and First Aid classes |
| Anthem Health Keepers Plus | 1.800.901.0020 3800 Concord Pkwy, Suite 2000 Chantilly, VA 20151 https://mss.anthem.com/va/virginia-home.html www.virginiamanagedcare.com | Covid-19 Updates. Contact the business for more information about recent service changes |
| Dental Hygiene Clinic | 703.822.6694 6699 Springfield Center Dr, Springfield, VA 20150 | Mon-Fri, 9am-4pm Appt only Oral exams, dental x-rays, cleaning and preventative treatment. (Please call for fees updates) |
| Dental Restorative Clinic | 703.822.6607 6699 Springfield Center Dr, Springfield, VA 20150 | Mon-Fri, 9am-4pm Appt only Comprehensive exams, fillings, root canals, crowns and bridges. (Please call for fees updates) |
| Every Woman's Life | 703.792.6340 9301 Lee Ave, Manassas, VA 703.792.6340 4001 Prince William Pkwy, Ste 101 Woodbridge, VA http://www.vdh.virginia.gov/every-womans-life/ | Eligible clients receive a clinical breast exam, mammogram, pelvic exam, Pap test, and any other related services required, all at no cost. |
| Family Health Connection | 703.523.0998 2300 Opitz Blvd, Woodbridge, VA 22191 Sentara - Family-Health-Connection | Health services for those with no insurance, call for more information. |
| Free Community Health Clinic | 703.523.0998 2296 Opitz Blvd. Suite300, Woodbridge, VA 22191 https://www.sentara.com/medicalservices/services/family-health-connection.aspx | Tues, 8am-12pm, walk in. Residents of MP and PWC with NO insurance. |
| Grace Clinic | 703.650.9099 14631 Lee Hwy, Suite 313 Centerville, VA 20121 www.gcchealthsystem.org | Sunday 1:30pm-5pm Free medical care for uninsured children and adults. Eligibility screening required, bring your ID, proof of address, and family income. |
| Greater PW Health Center | 703.680.7950 GPW Health Center 3350 Commission Ct, Woodbridge, VA Evergreen Health Center; 9705 Liberia Ave #201, Manassas Dumfries Health Center, 17739 Main St, Dumfries www.GPWHealthCenter.org | Mon-Thu, 7am-7pm & Wed, 8am-7pm Walk in sick patients, Mon-Fri 8 -10am Immunizations/TB test/Pregnancy test appointment only Ask for transportation if needed |
| Health Department | 4001 Prince William Pkwy, # 101, Woodbridge- 703.792.7300 9301 Lee Ave, Manassas- 703.792.6300 WIC- 703.792.7319 | Mon, Tue, Wed, & Fri 8am-4:30pm WIC office Thu 9:30am-6pm |

| Organization | Contact | Hours/Information |
|--|--|--|
| Kids and Family Dental | 9012 Mathis Ave, Manassas- 571.921.1111 13648 Jefferson Davis Hwy Woodbridge - 571.441.1380 www.kidzdentalva.com | Mon-Thu 8am-430pm Fri-Sat 8am-1pm Dental services. Accepts Medicaid and other insurance. Also accepts cash payments. |
| Mother of Mercy Free Clinic | 703.335.2779 9380 Forestwood Lane, Unit B Manassas, VA 20110 www.cdda.net/need-help/medical-and-counseling/free-medical-clinic/ 13900 Church Hill Drive Woodbridge, VA 22191 | Manassas Clinic Hours Mon-Thu: 8am-5pm Fri-Sun Closed Free clinic (physical, sick visits, prenatal, referrals). Eligibility: income, residency (address) Woodbridge Clinic Hours Mon-Wed 8am-5pm Thu-Sun Closed |
| Northern Virginia Family Service | 571.748.2600 10056 Dean Dr, Manassas, VA 20110 www.nvfs.org | Pharmacy Central- 571.435.6600 Kids Connect- 703.244.7310 |
| NOVANT UVA Health | 703.369.8000 8700 Sudley Rd, Manassas, VA 20110 https://www.novanthealth.org/ | Schedule -877-823-3007 |
| Partnership for Healthier Kids, INOVA | 571.719.4180 8051 Sudley Rd, Manassas, VA 20109 | Help with Medicaid applications/renew enrollment. Free service financial aide |
| Pediatric Primary Care Project | 703.944.8752 www.nvfs.org | Health assistance for children who have NO insurance and are not eligible for Medicaid. |
| Potomac Family Dental | 703.348.8070 14338 Gideon Dr, Woodbridge, VA 22192 www.potomacfamilydental.com | *Appt only Uninsured adults and children, cash pay \$109 exam includes cleaning and X-rays |
| Sentara Medical Center | 1.800.SENTARA Or 703.523.1000 Patient Info 703.523.1560-Scheduling 2300 Opitz Blvd, Woodbridge www.sentara.com/northernvirginia | Register for classes or physician referral |

HOUSING

| Organization | Contact | Hours/Information |
|---|---|---|
| ACTS Shelter | 703.441.8606 17866 Main St Dumfries VA 22026 | 24 hours |
| Beverly Warren Emergency Shelter | ACTS Dumfries 703-221-3186 | 18 bed facility with a community living room, kitchen, play area for children and laundry |
| Catholic Charities | 703.549.8644 131 South West St, Alexandria, VA 22314 | Assistance with rent payments. Email for assistance: cdda.net |
| Catholics for Housing | 703.221.4510 18139 Triangle Shopping Plaza, Suite 209, Dumfries www.cfhva.org | Security Deposit assistance program- application online Senior rental assistance. *Complete application online |

| Organization | Contact | Hours/Information |
|---|---|--|
| The Ferlazzo Emergency Shelter | 703-792-3366 | 48 bed year-round for single adult |
| Hilda Barg Homeless Prevention Center | 703-792-8810 14945 Richmond Hwy | Needs referral for services |
| Homeless Prevention Center, NVFS | 703.792.3366 Shelter intake, 703.792.3366 14945 Richmond Hwy, Woodbridge, VA 22191 www.nvfs.org | Case management, GED tutoring, assistance finding a job, parenting classes, AA and NA onsite. |
| Housing Crisis | Hotline 703-792-3366 757.622.9268 | Mon-Fri 8am-7pm Community resources, shelter, case management |
| Office of Housing and Community Development | 703.792.7530 15941 Donald Curtis Dr, #112, Woodbridge, VA 22191 www.pwcgov.org/housing | Mon-Fri, 8am-5pm *Appt only Housing voucher program, first time home buyer programs, transitional housing information. |
| SERVE, Northern VA Family Services | 703.792.3366 10056 Dean Dr, Manassas, VA 20110 www.nvfs.org | 24 hours |
| Streetlight Community Outreach Ministries | 703.491-2288 | Provide permanent supportive housing and case management services to the medically fragile, disable and chronically homeless in Prince William |
| Winter Shelter (Nov 1– Mar 3) | 703.792.7648 14730 Potomac Mills Rd, Woodbridge, VA 22192 | First come, first served shelter for the winter months. |

IMMIGRATION SERVICES

| Organization | Contact | Services | Languages |
|--|---|--|-------------------|
| Ayuda | 703.444.7009 2701 Prosperity Ave #300 Fairfax, VA 22031 www.ayuda.com | Mon-Fri 830am-430pm Immigration services, assist with DREAM Act Legal, language services, Deaf clients, Specialized: domestic/sex assault | Spanish |
| Ethiopian Community Council | 703.685.0510 901 South Highland Street, Arlington, VA 22204 www.ecdcus.org | Refugee/ services, education, health, social services | African Languages |
| Hispanic Liaison Office Office of Multicultural Affairs | 804.646.5100 4100 Hull Street Rd Richmond, VA 23224 | Interpreting/ translation, community referrals, education, children with disabilities (Mon-Fri 8am-5pm) | Spanish |
| Hogar Immigrant Services | 703.534.9805 Legal office: 6201 Leesburg Pike #307 Falls Church VA 22044 http://www.hogarimmigrantservices.org | Legal Services, English Classes, assist with DREAM Act. Education office: 8251 Shoppers Sq, Manassas, VA 20111 | Spanish |

| Organization | Contact | Services | Languages |
|--------------------------------------|---|--|-----------------|
| Just Neighbors Legal Services | 703.979.1240 34 Beckham St. Warrenton VA 20186 www.justneighbors.org | Tue-Fri 9am-5pm Legal Services assist with DREAM Act. Immigration services for refugees of all faiths and nationalities. | Spanish |
| Korean Community Service | 703.354.6345 15451 Lee Hwy, Suite1110 Centerville, VA 20121 www.kcscgw.org | Mon & Wed only 8am-4pm Education, community services, social services, immigration. Cash for Success Program | Korean |
| Mil Mujeres Legal Services | 202.560.5237 1250 H street NW#520 Washington, DC 20005 www.milmujeres.org | Immigration legal assistance U-VISA, VAWA Support and information INFO@milmujeres.org | Spanish |
| Northern VA Family Services | 571.748.2600 10056 Dean Dr. Manassas, VA 20110 www.nvfs.org | Immigration services assist with DACA, U VISA. Consulting fees apply | Spanish, French |
| Tahirih Justice Center | 571.282.6161 6400 Arlington Blvd, #400 Falls Church, VA 22042 571.282.6161 (Tues 10-2) | Legal services for female immigrants & refugees www.tahirih.org Email: greaterdc@tahirih.org | Spanish |

LEGAL

| Organization | Contact | Hours/Information |
|--|--|--|
| Court System | 9311 Lee Ave, Manassas, VA 20110 www.courts.state.va.us General District Court- www.pwcgov.org/gdc Traffic/Criminal- 703.792.6141 Civil/ Civil- 703.792.6149 Juvenile/Domestic- 703.792.6160 www.pwcgov.org/jdr Circuit Court- 703.792.6015 www.pwcgov.org/ccourt | Prince William County, Manassas, and Manassas Park Court System |
| Child Support Enforcement | 1.800.468.8894 8551 Rixlew Ln, 4th floor, Manassas, VA 20109 | Mon– Fri, 7am-6pm |
| HOGAR Immigrant Services | 703.534.9805 6201 Leesburg Pike, #307, Falls Church, VA 22044 www.hogarimmigrantservices.org | Consulting fees apply |
| Legal Services of Northern Virginia | 703.778.6800 9240 Center St, Manassas, VA 20110 | Mon-Fri 9:30am-12:30pm & 1:30pm-3:30pm By appt Walk-ins only Wednesday 9:30am-4pm |
| Victim Witness Protection | 703.792.8220 9311 Lee Ave #200, Manassas, VA 20110 Email: victimwitness@pwcgov.org | Mon-Fri, 8am-5pm |

MATERNITY

| Organization | Contact | Hours/Information |
|--|---|---|
| Birthright | 1.800.550.4900 4207 Dale Blvd, Woodbridge - 703.583.1178 | Tue-Thu 10am-4pm Fri 1pm-4pm & Sat 12pm-4pm Closed Sun, Mon Free pregnancy testing, material aid. |
| Life First Pregnancy Resource | 703.330.4572 9254 Center St Suite 200, Manassas, VA 20110 703.670.5322 13189 CenterPoint Wy, Woodbridge, VA 22191 https://lifefirstva.org/get-help/ info@lifefirstva.org | Manassas hours: Mon, Tue, Wed 10am-6pm, Thu 1pm-9pm Fri 10am-2pm Woodbridge hours: Mon, Wed, Thu 10am-6pm Tue 1pm-9pm Walk-in welcome upon availability, Appt preferred Free pregnancy testing, ultrasound, pregnancy resources, STD information, and relationship help. |
| Early Head Start/Healthy Families | 571.784.2617 or 571.748.2500 10056 Dean Dr. Manassas, VA 20110 enrolhs@nvfs.org | Support for low-income families with children ages 0-3. Home visits and referrals. Home-based program and center-based program for working families. |
| Mother of Mercy Free Clinic | 703.335.2779 13900 Church Hill Drive Woodbridge, VA 22191 https://www.cdda.net/need-help/medical-and-counseling/free-medical-clinic/ 9380 Forestwood Lane, Unit B Manassas, VA 20110 | Free clinic (physical, sick visits, prenatal, referrals). Eligibility: income, residency (address) Manassas Clinic Hours, closed Mon, Wed, & Fri Tues & Thurs: 8am-4:30pm Woodbridge Clinic Hours, Closed Tues, Thurs & Fri Monday and Wednesday: 8am to 4:30pm |
| Greater PW Health Center | 703.680.7950 www.GPWHealthCenter.org Ridgewood Health Center: 4379 Ridgewood Center Dr, #102, Woodbridge Evergreen Health Center: 9705 Liberia Ave #201, Manassas Dumfries Health Center: 17739 Main St, Dumfries | Woodbridge hours: Mon-Wed 8am-4:30pm Manassas hours: Mon-Thu 8am-5pm Dumfries hours: Mon-Fri 7am-8pm, Sat 7am-2pm Closed 12pm-2pm every 3rd Thursday of the month due to training. Prenatal care and OB-GYN care |
| Health Depart (WIC) | 703.792.7300 4001 Prince William Pkwy. Woodbridge, VA. 22193 | (Please call for office schedules located in Manassas and Woodbridge) |
| Postpartum Support of Virginia | Online resource: www.Postpartumva.org | Hotline: 540.698.1277 (English) 757.550.4234 (Spanish) |
| Saving Prince William's Littles | https://savingprincewilliamslittles.com/ | Car Seats for families in need. Must attend one of the monthly car seat safety events where safety education is given to receive car seat. Referrals provided by FSW. |

TRANSPORTATION

| Organization | Contact | Hours/Information |
|--------------------------------------|---|--|
| DMV/Dep. of Motor Vehicles | 1.804.497.7100 11270 Bulloch Dr, Manassas, VA 20110 2731 Caton Mill Rd, Woodbridge, VA 22192 | Mon-Fri, 8am-5pm Sat, 8am-12pm |
| Vehicles for Change (NVFS) | 571.748.2500 10056 Dean Drive, Manassas, VA 20110 www.nvfs.org | Assistance with obtaining a vehicle, must be a recipient of TANF. |
| Omni Link Local Bus Service | 703.730.OMNI (6664) Admin Office 703.583.7782 | Local bus transportation for Prince William County Route hours 5:30am-10pm. Call for schedule. |
| OmniRide Commuter Bus Service | 14700 Potomac Mills Rd, Woodbridge, VA 22192 www.prtctransit.org | Metro bus and commuter services - 530am-830pm |

UTILITY ASSISTANCE

| Organization | Contact | Hours/Information |
|---------------------------------------|--|--|
| ACTS Family Assistance Program | 703.441.8606 3900 Acts Lane, PO Box 74, Dumfries, VA 22026 | Need proof of ID, address, income for verification. Financial help with utilities (Call to schedule an appointment) |
| Catholic Charities | 703.841-3830 131 South West St, Alexandria, VA 22314 www.ccda.net | Utility assistance when funds are available. (Please send an email stating need: info@ccda.net) |
| Salvation Army | 703.580.8991 1483 Old Bridge Rd, #102, Woodbridge, VA | Mon-Fri - 9am-12pm & 2-4pm (Please call for appointment) |
| SERVE (NVFS) | 571-748-2600 10056 Dean Dr, Manassas, VA 20110 | Mon-Fri 8:30am-5:30pm (please call for information and details of services) |



Prince William County Preschool Programs

PO Box 389

Manassas, VA 20108

PreKPrograms@pwcs.edu

(703) 791-8708